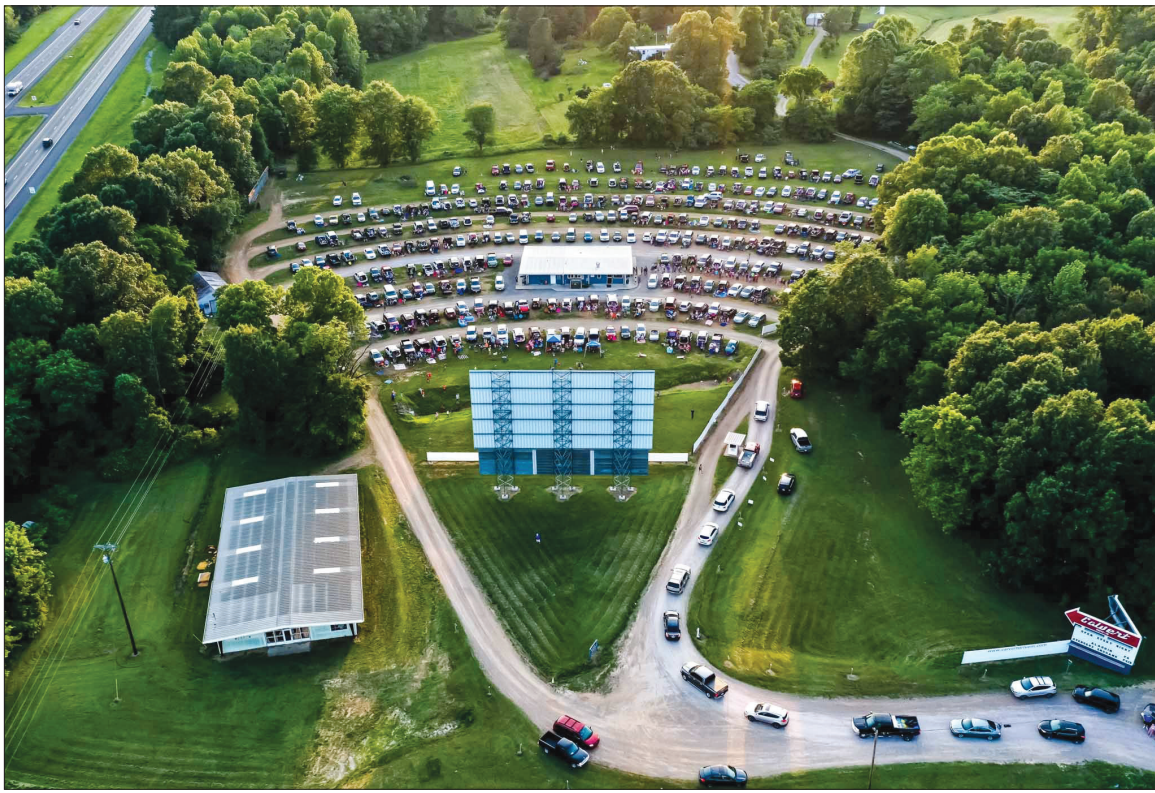


The Marshall Times

VOL. 123 NO. 15

APRIL 12, 2024

FREE



Calvert City Drive-In raises over \$1,000 for families on the spectrum

By Kelsey Edwards
KPI Marshall Times Editor

Calvert City, Kentucky, was not in the path of totality for Monday's eclipse, but that did not stop the Calvert Drive-In from hosting an eclipse party! This was not just to view the solar eclipse but also an event to raise money for an area nonprofit. A nonprofit known as Family on the Spectrum. This nonprofit was chosen as the Manea family is familiar with the awareness as they were impacted by autism. Families on the Spectrum

is a Paducah-based charity that was founded in 2013. They host many events like parents' nights, family outings and so much more to try and connect families who have similarities.

The owners of the drive-in charge \$5 per carload for the solar eclipse viewing party and many were in attendance. All gate proceeds were to be donated to the organization. The event collectively raised over \$1100 for the nonprofit organization. Many of those in attendance at the drive-in were locals and wanted to experience

the event but with all the traffic that surrounded the area, they opted to see the partial eclipse and eat some really good food at the same time! Some families stumbled upon the drive-in accidentally and were out-of-towners. The drive-in as of now is only open on weekends until summertime hits but because of the Solar Eclipse Viewing Party, the owners decided to make an exception and offered a single feature movie, "Twilight" that evening. For the movie, they still offered the same pricing.

Kentucky governor cites higher incarceration costs in veto of criminal justice bill

By Bruce Schreiner
Associated Press

FRANKFORT, Ky. (AP) — Kentucky's Democratic governor vetoed a GOP-backed criminal justice bill that would impose harsher sentences for a range of crimes, saying it would saddle the state with sharply higher incarceration costs.

The sweeping measure also would criminalize homelessness by creating an "unlawful camping" offense, Gov. Andy Beshear said in his veto message late Tuesday.

The bill's lead Republican sponsor, state Rep. Jared Bauman, said he looked forward to continuing the discussion when the GOP-dominated legislature meets again on Friday and next Monday — the final two days of this year's legislative session. Lawmakers will take votes to override gubernatorial vetoes.

The bill, which spurred some of the most contentious debates of the session, would make a multitude of changes to the state's criminal code, enhancing many current penalties and creating new offenses.

Supporters portrayed the bill as a necessary policy shift that would do more to hold criminals accountable and to make communities safer. Opponents warned the measure would carry a hefty price tag for taxpayers with no assurances that the tougher approach would lower crime.

One prominent feature of the bill would create a "three-strikes" penalty that would lock up felons for the rest of their lives after committing a third violent offense.

Beshear, a former state

attorney general, focused on the financial implications in his veto message, saying it would lead to significantly higher incarceration costs without any additional appropriations.

"Despite the tremendous fiscal impact House Bill 5 would have on the Department of Corrections and county governments, the General Assembly provided no fiscal impact analysis with the bill," he wrote.

The fiscal note attached to the legislation said the overall financial impact was "indeterminable" but would likely lead to a "significant increase in expenditures primarily due to increased incarceration costs."

Beshear noted that he liked parts of the measure, including provisions requiring the destruction of firearms used in murders, making carjacking a standalone crime, and allowing the state parole board to require parolees to participate in an "evidence-based program" designed to reduce violence. Those provisions should have been placed in separate bills, the governor said.

The sweeping measure passed by wide margins in the Republican supermajority legislature. In his statement after the veto, Bauman said the measure is aimed at "providing law-abiding citizens a sense of safety, security and protection. These individuals, as well as those who are willing to work for a second chance, are our priority."

The bill's supporters focused mostly on urban crime in pushing for tougher policies. A law enforcement report released last year showed that overall serious

crime rates fell across Kentucky in 2022, with declines in reports of homicides, robberies and drug offenses.

Opponents said the measure failed to delve into the root causes of crime and would put more strain on overcrowded jails.

The section stirring some of the most heated debate would create an "unlawful camping" offense applied to homeless people. It means people could be arrested for sleeping or setting up camp in public spaces — whether on streets, sidewalks, under bridges, or in front of businesses or public buildings. A first offense would be treated as a violation, with subsequent offenses designated as a misdemeanor. People could sleep in vehicles in public for up to 12 hours without being charged with unlawful camping.

Several thousand people experience homelessness in Kentucky on a given night, advocates say.

The measure would add to the list of violent crimes that require offenders to serve most of their sentences before becoming eligible for release.

Another key section aims to combat the prevalence of fentanyl by creating harsher penalties when its distribution results in fatal overdoses. Fentanyl is a powerful synthetic opioid seen as a key factor in the state's high death toll from drug overdoses.

Another provision would offer workers and business owners criminal immunity in cases where they use a "reasonable amount of force" to prevent theft or protect themselves and their stores.

Marshall County Superintendent selection committee holds second meeting

By Kelsey Edwards
KPI Marshall Times Editor

The search for the next superintendent of Marshall County Schools held its second meeting on Tuesday, April 9, 2024. The board only approved the minutes from the last meeting before moving right into the executive session so they could discuss the candidates. Board of Education representative Darla Doss did not share the number of candidates that were eliminated or if any were currently employed but the school district. However, she did mention that she feels confident about the candidates and that the committee reviewed each of the candidates as a group,

and began narrowing down which ones they feel will be best for the district.

The committee as of now, is still on track to maintain the previously established deadline. The next committee meeting is scheduled for Tuesday, April 16. In previous board meetings it was stated that on Monday, April 22, the screening committee would meet with the board to announce the committee's recommendations, and the board intends to announce the new superintendent on approximately May 6. If this stays on track, there is only a little over three weeks until we know who will fill the position and see what the future holds for the school district.

Registration open for the second season of The Miracle League of West Kentucky

By Kelsey Edwards
KPI Marshall Times Editor

It is official, registration is now open for the second spring season of the Miracle League of Western Kentucky. Athletes four years and up, of all ability levels are encouraged to register online at <https://marshallcountyparks.org/miracleleaguwky/> or you can register by calling 270-527-5284. The games will be played on four Saturdays and will start on May 11 and end on June 1. This is for residents of Marshall County and neighboring counties.

They are a local baseball league that accommodates child and adult players who have special needs. A news release from Miracle League of Western Kentucky, stated the league aims to remove the barriers of conventional

baseball by playing on a custom-designed, rubberized turf field that accommodates wheelchairs and other assistive devices; helps prevent injuries; and removes the barrier of playing on the natural grass field of conventional leagues. Baseball is one of America's favorite pastimes and now those who never thought they would be able to play can. The Miracle League aims to help players who have physical or mental disabilities make friends, help build their self-esteem, and be treated like other athletes by using the "buddy" system. This system pairs each player with an able-body peer. The first season which took place in the Fall of 2023 had such an awesome turnout. The Miracle League has 44 participants from eight surrounding counties.

MC Humane Society establishes new scholarships for Pre-Vet Medicine at MSU

By Kelsey Edwards
KPI Marshall Times Editor

There is officially a new scholarship opportunity for Murray State University. This scholarship is for students of Pre-veterinary Medicine at MSU. The scholarship was established by both the Humane Society of Marshall County and the Murray State University Foundation. The Humane Society of Marshall County will be contributing annually to this scholarship fund. The scholarship is called the Humane Society of Marshall County Pre-Veterinary Medicine Scholarship.

Those who are eligible to apply for the scholarship include Murray State juniors, seniors, and any graduate students from Murray State's 18-county service region who will be studying pre-veterinary medicine. Those students should also demonstrate their passion for animals by volunteering or working at a humane society, animal shelter, veterinary clinic, farm, or other site where they have helped with caring for animals. The hopes of the Marshall County

Humane Society, are that the recipients will return home and serve the western Kentucky region after they have finished veterinary school.

This scholarship has officially been awarded for the very first time to three recipients. The three recipients are Madeline Adams of Mayfield, Mia Jacob of Benton, and Madison Moryl of Benton. The scholarship will be for the 2024-2025 academic year at Murray State.

The Humane Society of Marshall County and the Murray State University Foundation invite the public to join them in supporting students who are studying to devote their lives to working with animals by contributing to this new scholarship.

If you want more information about the Humane Society of Marshall County Pre-Veterinary Medicine Scholarship, or how to contribute to the scholarship fund, you can contact Abby Hensley, the Director of Development for the Hutson School of Agriculture, at ahensley2@murraystate.edu or 270-809-3131.



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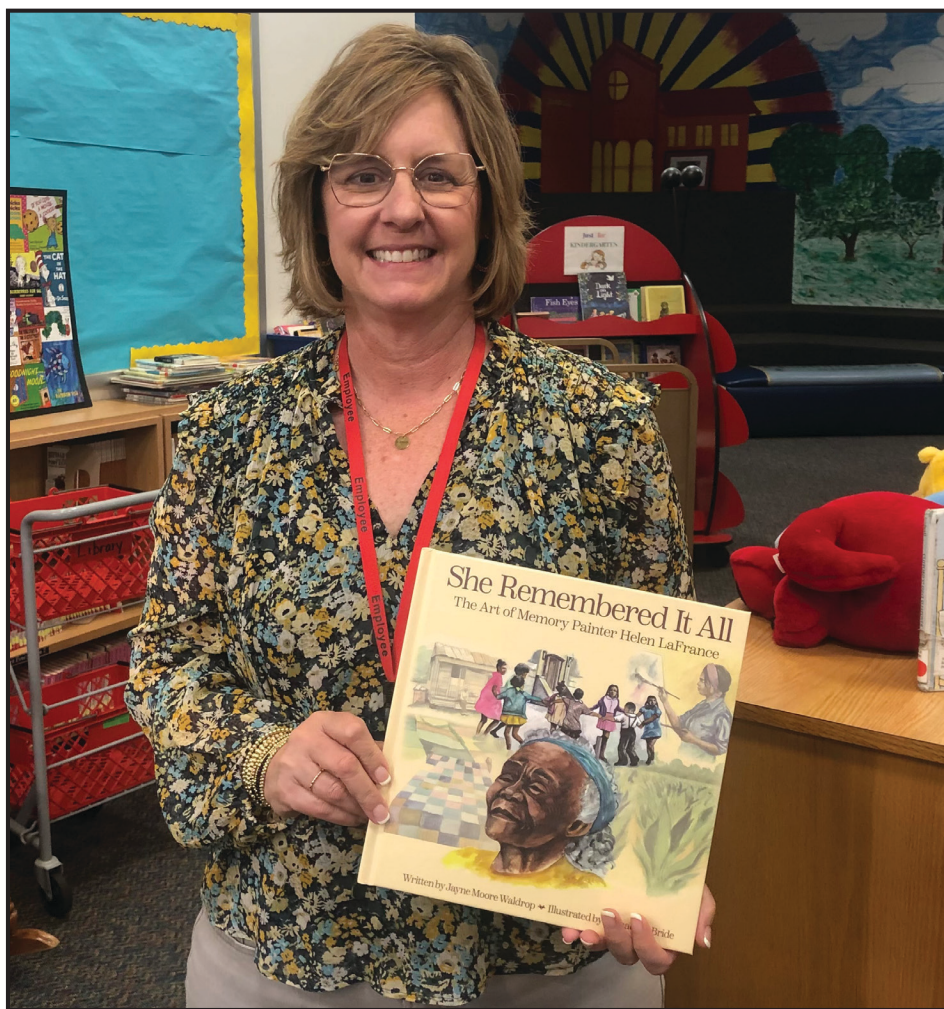
FOR BOOKING, VISIT [DISCOVERYPARKOFAMERICA.COM/LODGING](https://discoveryparkofamerica.com/looding)

Donation of Helen LaFrance books by the Jackson Purchase Historical Society

The Jackson Purchase Historical Society recently provided free copies of a biography of the late Mayfield artist Helen LaFrance, titled “She Remembered It All,” to Graves County schools. The book was written by Jayne Moore

Waldrop and illustrated by Michael McBride. The society presented copies of the book to Mayfield Elementary and Middle schools, all Graves County elementary schools, and Northside Baptist Christian School. The JPHS had previ-

ously provided the schools with copies of “A Journey in Color” on the life of Mayfield native and Harlem Renaissance painter Ellis Wilson. Pictured with the LaFrance book is Mayfield Elementary librarian Lisa Dobrose.



Photos provided

Dr. Rand Paul Announces Spring Constituent Services Fair in Murray

BOWLING GREEN, KY – Today, U.S. Senator Rand Paul (R-KY) announced his Spring Constituent Services Fair will be held Monday, April 22 at 11:00 a.m. CT – 1:00 p.m. CT//12:00 p.m. ET – 2:00 p.m. ET in Murray. Members from Dr. Paul’s state office will be available, along with state and federal agency partners from the Veterans Adminis-

tration, Internal Revenue Service, U.S. Postal Service, U.S. Department of Agriculture Small Business Administration, to answer questions, offer resources and assist any Kentuckian who needs help with a federal agency. “As your representative in the U.S. Senate, I am wholly committed to ensuring every Kentuckian’s voice

echoes through the halls of Congress in Washington, D.C. This mission isn’t just about speaking up for our interests; it’s about guaranteeing each of you has the support and resources my office proudly offers,” said Dr. Paul. For more information and for Kentuckians to RSVP, please contact Dr. Paul’s state office at 270-782-8303.



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SPRING REGISTRATION OPEN FOR MIRACLE LEAGUE OF WESTERN KENTUCKY

Benton, KY – Registration is now open for the spring season of the Miracle League of Western Kentucky. The Miracle League removes the barriers that keep children with mental and physical disabilities off the baseball field and lets them experience the joy of America’s favorite pastime. Since the main barriers for these adults arise from the natural grass fields used in conventional leagues, Miracle League teams play on a custom-designed, rubberized turf field that accommodates wheelchairs and other assistive devices while helping to prevent injuries. But it’s more than playing a game. The

Miracle League is about making new friends, building self-esteem and being treated just like other athletes. To help the athletes, the Miracle League uses a “buddy” system – pairing each player with an able-bodied peer. The result is a bond that cannot be described. The Miracle League serves children and adults who suffer from any physical or mental disabilities, which causes them to be excluded, whether intentionally or not, from conventional Baseball leagues. Athletes ages 4 - 104 of all ability levels are encouraged to register online at <https://marshallcountyparks.org/miracleleaguewky/> or



by calling (270) 527-5284. The inaugural season in Fall of 2023 had an amazing turnout with 44 athletes from 8 western Kentucky counties participating in the league. Resi-

dents of neighboring counties and states are invited and encouraged to participate in this league. Games will be played on four Saturdays beginning May 11 and ending June 1, 2024.

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The Regenerative Center

Wellness, healing and changing lives with a shepherd's heart

by Greg LeNeave
 Publisher,
 KPI Newspaper Group

Anyone suffering from bodily pain should consider meeting the staff at The Regenerative Center in Paducah, KY. The center is owned and under the leadership of Matt Wallis, D.C.; he serves as Clinic Director and Chiropractor. The journey for Matt Wallis is deeply rooted in western Kentucky from his basketball days at Lone Oak High School to meeting a Chiropractor that changed the direction of his life



while he was playing basketball in college. His encounter with back pain as a college athlete led him down a path of switching colleges and going full steam into learning the art of Chiropractic care. After completing his degree Wallis opened a business in Lone Oak, KY that flourished from 1998 through 2012. Fast forward a few years down the road when Wallis helped form IMAC which became one of Paducah's very few businesses to go public. This took place in 2019 as IMAC went public and opened for public trade on the NASDAQ ironically under label

BACK. The business model is still very vibrant but now The Regenerative Center is operating as a business that helps people heal and get their life back to more of a normal and healthy style. Wallis said his role is similar to the 90% rule. A devout Christian businessman, he feels that it's imperative to shepherd his staff to become the best workers they can be. Their workplace exhibits Christian values. Wallis stated "My passion is seeing people get better. I feel that my role with patients is to be a Teacher and a Healer. I want to find out what's wrong and explain how

to fix the problem to each person, so they can be the best they can be." Wallis staff is stocked with great employees. Daniela Cardenas, PA-C is the niece of Paducah Women's Clinic's Jorge M. Cardenas, M.D., F.A.C.O.G. She hails from Columbia via Murray State University and Bethel University in Tennessee. Her expertise is rooted with a deep passion for women's health thanks largely in part to her working her way through the ranks with her uncle at his business while studying for her degree. Cardenas enjoys helping patients with the more



natural hormones that would be Bio-Identical which helps your own body become able to heal itself. She stated "This is more satisfying as a healthcare provider." Treatments include: PRP (blood platelets), hormones and pellet injections. It's invigorating to see that many of these hormones are compounded with natural ingredients by local pharmacies; which Cardenas feels is better than synthetic prescriptions as the body can heal itself more naturally. Her special skills are noteworthy as many women suffer from fatigue, mood swings, low sex drive, losing weight

among many other issues. The Regenerative Center is always making strides to be a good part of the local community as they hold several events. One good example is BINGO for Veterans. In addition the center helps folks from all over the United States. Just recently Wallis conducted a conference in Houston, TX and has another one scheduled for Chicago, IL. It's no surprise to see why many people from all over the country are coming to Paducah, KY for healing and better life.

The Regenerative Center is located at 2725 James Sanders Blvd. Paducah, KY and can be reached at 270-560-3644.

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Planning organization invites public for comment on spending

By Alexa Tabor

However, the public comment review period will be open until April 21. The UPWP is also a federally mandated document that communicates to the public how their money will be used regionally during the next fiscal year. Comments on the plan may be submitted via mail at PADD, Attn: PMcMPO at P.O. Box 588 in Mayfield, Kentucky, or through email at paducahmccrackenmpo@purchaseadd.org.



COMMISSIONER'S SALE

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NOTICE OF SALE

Pursuant to a Judgment and Order of Sale dated December 22, 2023, of the Livingston Circuit Court, in the above styled Civil Action, the undersigned Master Commissioner shall proceed to offer for sale at the Courthouse door in the town of Smithland, Livingston County, Kentucky, to the highest and best bidder at public auction on Friday, April 19, 2024, at 3:00 o'clock p.m. or soon thereafter the following property located in Livingston County, Kentucky, and more particularly described as follows:

Property Address: 110 Lola Road, Salem, Kentucky 42078
 Parcel #: 083-01-01.006.00

Said property is to be sold as a whole for the purpose of satisfying the judgment in the amount of \$1,366.20, together with accrued interest thereon until fully paid, plus any other charges which have accrued, plus Plaintiff's costs expended, plus Plaintiff's attorney fees pursuant to KRS 411.195. Plus, additional fees, costs and expenses, including advances in payment of ad valorem taxes, insurance premiums, assessments, weatherization, and preservation of the Real Property. Said property shall be sold subject to all existing restrictions, easements, and covenants of record affecting the same. The property shall be sold for cash, or in the alternative, the Master Commissioner will take from the purchaser (10%) ten percent of the purchase price in cash together with a bond (for the remainder of the purchase price) with good and sufficient surety, bearing interest at the rate of 12% per annum until paid, from the day of the sale and payable to the Master Commissioner within 30 days of the date of sale. A lien shall be retained on the property as additional security. All delinquent taxes shall be paid from the sale proceeds. Purchaser shall pay 2024 and subsequent ad valorem taxes. Subject property shall be sold free and clear of all liens of the plaintiff and defendants in the action. Bidders will be prepared to comply with these terms.

/s/ Alyssa E. Peek /s/
 ALYSSA E. PEEK
 MASTER COMMISSIONER,
 LIVINGSTON CIRCUIT COURT

HON. ROBERT B. FRAZER
 FRAZER LAW OFFICE
 ATTORNEY FOR PLAINTIFF



My Two Cents

by Teresa Ann Pearson
Editor, Advance Yeoman

Wild Things - Common Chickweed

There are tons of edible and medicinal plants that grow all around us here in Western Kentucky, many of them grow in our own backyard.

We are going to cover some of the edible and/or medicinal plants that grow wild here but please research and positively identify them before use.

We will cover several "Wild Things" in the upcoming weeks.

Please remember, do not use plants that may have been

exposed to chemicals and again do your research. There are many websites, blogs, and books available for more research.

I am starting with some of my personal favorites, so if you have questions or need help please contact me on my YouTube channel or facebook page at Springfield Ridge Farm.

Herbal actions: laxative, anti-inflammatory. A poultice of chickweed can be especially useful topical-

ly for inflammation, abscesses, and anything itchy. Internally, it's a gentle laxative and is soothing to the digestive tract. Not surprisingly, this cooler-weather plant is also cooling to the system. It has been used as a remedy to treat itchy skin conditions and pulmonary diseases. Modern herbalists prescribe it for iron-deficiency anemia (for its high iron content), as well as for skin diseases, bronchitis, as well as arthritis. Again,

research is very important.

Chickweed Nutrition

Chickweed is edible and nutritious, and is used as a leaf vegetable, often raw in salads. Chickweed's is packed with nutrients, especially for such a diminutive plant. It contains vitamins A, D, B complex, C, rutin (a bioflavinoid), calcium, potassium, phosphorus, zinc, manganese, sodium, copper, iron and silica. In comparison with spinach, chickweed holds up extremely well. It's got just as much iron, along with other nutrients.

You can transplant chickweed into your garden; just dig up a clump and place it in



a corner, or wherever you want it. It may seem strange to put a weed in a garden, but chickweed is a very well-behaved and generous one. In fact, it doesn't seem to compete with other garden plants, and it yields a large amount of healthy food.

Generally chickweed likes a nice combo of moisture and sun. It will thrive in springtime, die back during the hotter

months, then reappear when things cool down.

Note: My articles are for informational purposes only and should not be construed as medical advice. Before using any herbal or natural remedies, check for appropriate dosage and drug interactions. Information contained here is not intended to treat, diagnose, cure or prescribe.

COMING NEXT WEEK APRIL 18-19

Western Kentucky Business Journal

★ AGRI-BUSINESS ★ KY BIZ BRIEFS ★ BARGE & RIVER NEWS

FNB Bank receives third consecutive "Outstanding" Community Reinvestment Act rating from the FDIC

(Mayfield, KY) - FNB Bank has been awarded an "Outstanding" rating, the highest rating possible, from the Federal Deposit Insurance Corporation (FDIC) for its efforts that support the Community Reinvestment Act (CRA) for the third consecutive year period. The FDIC recently conducted their examination process, which covered the period from March 2020 to March 2023, and evaluated the bank's lending and community development services based on the bank's service areas. By awarding this



Toyota Boshoku America to build new location in Hopkinsville



By Tom Ward
WCHA Writer
Governor Andy Beshear announced March 30th that Toyota Boshoku America Inc. will invest more than \$25 million in Hopkinsville to build a new facility, creating 157 quality jobs. The new facility will include a 365,400-square-foot building and an 40-acre site in Hopkinsville's South Park, near the Walmart Distribution Center.

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The KPI HOLE IN ONE Club

William Wurtz, hit a Ping 425 3-wood from 203 yards on hole #8 at Rolling Hills Country Club on April 1, 2024. The ball was a Titleist Pro V1. The hole-in-one was Wurtz's first ever.

KPI photo by Greg LeNeave



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HIGH SCHOOL SOFTBALL

Christian County rolls past Marshall County 10-1

Staff Report

Returning to the win column, Christian County rolled past Marshall County 10-1 on Monday, April 8.

Kimberlyn-Gracie Harned earned the win in the circle for the Lady Colonels. Harned pitched a complete game, recording 11 strikeouts over seven innings.

Allicen Harris started in the circle for Marshall County and suffered the loss. Harris pitched four innings and recorded seven strikeouts.

Replacing Harris, Gracelyn Darnall pitched in relief for the Lady Marshals. Darnall struck out two Christian County batters over three innings.

Christian County scored 10 runs on nine hits. Harned led Christian County at the plate, finishing three-for-four with two doubles and four RBIs.

In addition to Harned, Christian County's offensive attack included Avery Adcock (two hits, one RBI), Jordan Turner (two hits), Chloe Almy (one hit, one RBI), Alison Grant (one hit) and Haley Petterson (one RBI).

Marshall County plated one run on six hits. Harris (one hit, one RBI), Chloe Coursey (two hits), Madyson Morton (two hits) and Macy McLeod (one hit) each contributed offensively for the Lady Marshals.

Elizabethtown 10, Hickman County 3

Staff Report

Elizabethtown pulled away to defeat visiting Hickman County 10-3 in the Heartland Mini Golf Lady Panther Classic at Elizabethtown Sports Park on Saturday, April 6.

Following the loss, Hickman County dropped to 3-8.

Hickman County pitcher Blaire Byassee suffered the loss. Byassee struck out two Elizabethtown batters.

The Lady Falcons scored three runs on six hits. Byassee (two hits, one RBI), Lakyn Wilber (one hit, one RBI), Brooklyn Naranjo (one hit, one RBI), Kayley Howell (one hit) and Bailey Childress (one hit) accounted for Hickman County's offense. Helping her pitching cause at the plate, Byassee doubled and tripled.

Byassee, Howell and Childress each scored one run for the Lady Falcons.

First RPI rankings for baseball, softball released

Staff Report

LEXINGTON — The first official KHSAA Ratings Percentage Index (RPI) rankings for the 2024 baseball and softball seasons have been posted.

The RPI rankings for baseball can be found online at https://khsaa.org/rpi_details/?event_id=1212.

The RPI rankings for softball can be found online at https://khsaa.org/rpi_details/?event_id=1213.

RPI is a tool developed for all team sports using the official KHSAA/Riherds Scoreboard data, modeled after, but not

identical to, similar measurement tools. It is provided for a variety of reasons, including district tiebreaking and football bracketing, and as a means to increase publicity, interest and promotion of interscholastic athletics. RPI is also used as a tiebreaking/contest-result mechanism to decide seeded district games that are not played by the deadline. RPI rankings are updated on an hourly basis but are not calculated for teams with missing scores from the previous day. It is essential for results to remain comprehensive for accuracy.

Swimming & Diving Official of the Year announced

Staff Report

LEXINGTON — Each year, the Kentucky High School Athletic Association honors the top officials for the 10 sports in which it licenses officials. Finalists in each sport are selected through a combination of not only on-field performance but local association activity and leadership, training efforts and the mentoring of newer officials.

One official in each sport is named Outstanding Official of the Year for their sport in appreciation of their dedication

and service to schools and student-athletes across the state.

Winners are selected following consultation with local assigning secretaries, veteran officials' observers, coaches throughout the state and additional staff review.

The Outstanding Official of the Year for the 2023-24 Swimming & Diving season is Brent Runkle. Each finalist will receive a commemorative watch and certificate courtesy of the Officials Trust Fund, with the Official of the Year receiving an additional recognition award.

With officiating numbers declining at the national level, the KHSAA is always accepting applications from individuals interested in giving back to their community. Officiating remains a great avenue to stay active, earn extra spending money and ensure that high school athletics are preserved for the current and future generations. To get involved as an official, visit khsaaofficials.org.

2023-24 KHSAA Outstanding Officials (winners listed first)

Field Hockey: Sara Aschbacher (Louisville), Chris Niblock (Louisville)

Soccer: Nick Adkins (Lexington), Clifton Florence (Shelbyville)

Volleyball: Danny Woosley (Glasgow), Brad Phipps (Greenville)

Football: PD Harris (Grayson), Tommy Adams (Radcliff), Jordan Adkins (Covington)

Wrestling: Jake Lowry (Old Hickory, TN), Kristin Dennison (Radcliff)

Swimming & Diving: Brent Runkle (Louisville), Lesa Boone (Louisville)

Send your Sports photos with a cutline to kpilayout@gmail.com to see them in the newspaper

SPRING CLEAN-UP DAYS

**April 24th, 25th, 26th & 27th
DUMPSTER LOCATIONS**

The following is a listing of the dumpster sites for the Spring Clean-up days.

For residents of Ledbetter, Smithland, Grand Rivers Lake City and Tiline the dumpsters will be located at the Convenience Center on the Cutoff Road.

For residents of Burna, Hampton, Carrsville, Lola, Salem and Joy the dumpsters will be located at the Old Riding Club @ 1795 U.S. 60 East; between Burna and Salem.

Hours of Operation at Each Location

Wednesday April 24th	8:00 a.m. to 4:00 p.m.
Thursday April 25th	8:00 a.m. to 4:00 p.m.
Friday April 26th	8:00 a.m. to 4:00 p.m.
Saturday April 27th	8:00 a.m. to 4:00 p.m.

WHITE GOODS PICKUP

(Sponsored by the Livingston County Conservation District)

Thursday April 25th Pick up items East side of County: Hampton, Burna, Salem, Carrsville, Joy, etc.

Friday April 26th Pick up items West side of County: Tiline, Smithland, Ledbetter, Grand Rivers, etc.

To make arrangements for white goods (washers, dryers, stoves, refrigerators, etc) and other large items to be picked up at your homes **please call the Judge Executive's Office at 270-928-2105.**

Trash will be accepted at the Convenience Center located on the Cutoff Road and the Old Riding Club located between Burna and Salem April 24th, 25th, 26th & 27th.

FREE OF CHARGE.

Sponsored by The Livingston County Fiscal Court and The Livingston County Soil Conservation District

COMMISSIONER'S SALE

THE COMMONWEALTH OF KENTUCKY, LIVINGSTON CIRCUIT COURT
CIVIL ACTION NO. 23-CI-00060

DOT Capital Investments, LLC

PLAINTIFF

VERSUS

Linda Simpson
Barry Simpson
Unknown Occupants of 758 Cherokee Dr.
Livingston County, Kentucky
Mid South Capital Partners, LP

DEFENDANT(S)

NOTICE OF SALE

PPursuant to a Judgment and Order of Sale dated March 12, 2024, of the Livingston Circuit Court, in the above styled Civil Action, the undersigned Master Commissioner shall proceed to offer for sale at the Courthouse door in the town of Smithland, Livingston County, Kentucky, to the highest and best bidder at public auction on Friday, April 19, 2024, at 3:00 o'clock p.m. or soon thereafter the following property located in Livingston County, Kentucky, and more particularly described as follows:

Property Address: 758 Cherokee Drive, Ledbetter, Kentucky 42058
Parcel #: 021-02-02-039.00

Said property is to be sold as a whole for the purpose of satisfying the judgment in the amount of \$8,470.45, until fully paid, subject to future motion for supplemental judgment due to ongoing collection activities, plus any other charges which have accrued, plus Plaintiff's costs expended, plus Plaintiff's attorney fees pursuant to KRS 411.195. Plus, additional fees, costs and expenses, including advances in payment of ad valorem taxes, insurance premiums, assessments, weatherization, and preservation of the Real Property. Said property shall be sold subject to all existing restrictions, easements, and covenants of record affecting the same. The property shall be sold for cash, or in the alternative, the Master Commissioner will take from the purchaser (10%) ten percent of the purchase price in cash together with a bond (for the remainder of the purchase price) with good and sufficient surety, bearing interest at the rate of 6% per annum until paid, from the day of the sale and payable to the Master Commissioner within 30 days of the date of sale. Any purchaser, other than Plaintiff, who does not pay cash in full, shall be required to execute a bond, with surety thereon acceptable to the Master Commissioner. A lien shall be retained on the property as additional security. All delinquent taxes shall be paid from the sale proceeds. Purchaser shall pay 2024 and subsequent ad valorem taxes. Subject property shall be sold free and clear of all liens of the plaintiff and defendants in the action. Bidders will be prepared to comply with these terms.

/s/ Alyssa E. Peek /s/
ALYSSA E. PEEK
MASTER COMMISSIONER,
LIVINGSTON CIRCUIT COURT

HON. JUSTIN H. RAMEY
RAMEY LAW, PLLC
ATTORNEY FOR PLAINTIFF

HIGH SCHOOL BASEBALL

Falcons blank Clinton County 5-0

Staff Report

PANAMA CITY BEACH, Fla. — Hickman County blanked Clinton County 5-0 in the Panama City Beach Bash on Tuesday, April 2.

Breaking open a scoreless game, Hickman County erupted for three runs in the top half of the third inning.

Extending its lead, Hickman County added two runs in the top half of the fourth inning to move ahead 5-0.

Kobe Yamauchi pitched a four-hit shutout for the Falcons. Earning the win on the mound, Yamauchi struck out one Clinton County batter.

Hickman County scored five runs on five hits. Yamauchi (one hit), Gabe Dowdy (two hits), Witt Carter (one hit, one RBI), Tyler Hoff (one hit), Drew Cunningham (two hits) and Trey Boaz (one RBI) each contributed offensively for the Falcons.

Tigers shut out Obion County Central (Tenn.) 10-0

Staff Report

MURRAY — Murray shut out visiting Obion County Central (Tenn.) 10-0 in five innings on Saturday, April 6.

Cody Garner pitched a one-hit shutout to lead Murray to the win. Garner struck out three Obion County Central batters over five innings as he claimed the win on the mound.

Murray scored 10 runs on nine hits. Garner (two hits, one

RBI), Carson Tucker (one hit, three RBIs), Daven Hood (one hit, one RBI), Dylan Jennings (one hit, one RBI), Abram McNutt (one hit, one RBI), Haden Parker (one hit, one RBI), Jack Elmore (one hit, one RBI), Avery Starks (one hit) and Thomas Renick (one RBI) each delivered offensively for the Tigers. Helping his pitching cause at the plate, Garner doubled while Tucker, who drove in three runs, tripled.

Mr. Basketball receives marker

EDDYVILLE, Ky. (KT) — The storied high school basketball career of Lyon County High School's Travis Perry is now on display on highways leading into the county, along with a marker commemorating the school's first state basketball championship.

Kentucky Transportation Cabinet District 1 hung signs along the county lines on U.S. 62 at Caldwell and Livingston counties.

Perry, who has

signed to play college basketball at the University of Kentucky, is the state's all-time scoring leader and is only the second Kentucky high school player to score at least 3,000 points. He is the 2024 Mr. Basketball in the state and was the Gatorade Player of the Year for the second straight year.

Perry had a game-high 27 points in front of 13,000 fans and was named tournament MVP.

Baseball nominations sought for Midway/KHSAA Student-Athlete of the Year

LEXINGTON — The nomination process for the Midway University/KHSAA Student-Athlete of the Year among baseball participants for 2023-2024 is open.

This award is based on athletic and academic achievement as well as community service and leadership. The link to the application contains additional criteria and a form to nominate one participant. Nominations must come from a member school but can be submitted by an administrator, guidance counselor, or coach. Nominations may only be submitted online at <https://khsaa.org/ge35-midway-university-khsaa-fe>.

male-student-athlete-of-the-year-nomination-form/.

The winner will be announced early in the postseason and recognized at an awards ceremony at Midway University in early June. From the winners selected for each KHSAA championship, one student-athlete will be selected as the 2023-2024 Midway University/KHSAA Student-Athlete-of-the-Year and announced at the recognition. All winners will receive their honors at that event.

The deadline for nominations for the Midway University/KHSAA Student-Athlete of the Year in the sport of baseball is April 25.

Kentucky's basketball opening offers top pay and perks. Candidates must also have tough skin

LEXINGTON — Life can be sweet for a Kentucky basketball coach who wins — especially in April — with a seven-figure salary and endorsements among the tangible rewards. The intangibles include selfie requests from blue-clad Wildcats fans and the occasional sightseers who drive slowly past their house as if a celebrity lives there because, well, it's Kentucky.

The downside is sometimes-harsh criticism from fans on social media and sports talk shows with recruiting strategy, rotations, substitutions and, of course, X's and O's under some of the most

intense scrutiny in the game. It can border on personal if a pattern develops, which generally happens with any coach, but perhaps more so given the storied status of the Wildcats' program.

Eight national championships and nearly 2,400 victories leave no room for error and nowhere to hide at a destination job.

Calipari gave it all up on Tuesday and was hired the next day as Arkansas' coach, swapping Lexington for Fayetteville and a pay cut, at least in terms of annual salary.

His successor must not only have a similarly sparkling resume, but it wouldn't hurt to also have an out-sized personality to handle being the face of the program and its rabid Big Blue Nation fanbase. That candidate must also have a thick skin to handle the pressure that comes with maintaining the so-called "gold standard" symbolized by eight title banners hanging from the Rupp Arena rafters.

Adolph Rupp won the first of four titles in 1948, followed by Joe B. Hall (1978), Rick Pitino (1996), Tubby Smith (1998) and Calipari (2012). The next coach is expected to end a 14-year title drought sooner

rather than later.

That puts a premium on hiring another high-profile, highly motivated type like Calipari, who in his farewell video mentioned the perception of Kentucky as "the bluest of blue (bloods)." Besides recognizing that tradition, the choice must also have a firm grasp of a recruiting landscape made tougher by the transfer portal and name, image and likeness (NIL) endorsement opportunities for athletes.

If the next coach masters all that and returns Kentucky to the mountaintop, there'll be no ceiling for his popularity.

Drew declines offer to coach Wildcats

By KEITH TAYLOR
Kentucky Today

Kentucky's search for a new basketball coach hit a snag on Thursday morning when top target Scott Drew took his name out of the running, declining the offer to coach the Wildcats and instead remain at Baylor University.

"In our program, we strive to put Jesus first, then others and then ourselves," Drew said. "We truly believe God has called my family and I to continue our work here at Baylor, surrounded by the best people and community anyone could be blessed to have. ... We look forward to working together to bring more championships to Waco."

Connecticut coach Danny Hurley, a long-shot candidate, and current Chicago Bulls coach Billy Donovan, a former UK assistant, appear to be the next choices.

Drew's family visited Lexington on Wednesday and he had been offered the position Tuesday night, a reliable source

told Kentucky Today. Family and prayer were paramount as he considered the move.


Drew compiled a 446-244 record in 21 seasons at Baylor and guided the Bears to a national championship in 2021. He began his head coaching career at Valparaiso. He has reportedly been on Kentucky's radar since John Calipari stepped down on Tuesday.

Former Villanova coach Jay Wright also has been mentioned as a possible successor to Calipari. Wright has been out of coaching since 2022 and currently serves as an analyst for CBS Sports. He guided the Wildcats to NCAA titles in 2016 and 2018.

Donovan, who led Florida to back-to-back titles in 2006-07, said as of Tuesday night, he had not been contacted by Kentucky officials about the opening. Donovan has been out of college coaching since 2015 when he took over at Oklahoma City. He has been with the Bulls since the 2020-21 season.

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2023 POLARKRAFT FRONTIER 165 SC  \$32,200 <small>MERCURY 75 H.P. EFI, TRAILMASTER TRAILER, ALUM WHEELS W/ SPARE, 11 GAL FUEL TANK, EXTRA FISHING SEAT, MOORING COVER, STARTING BATTERY</small>	2024 POLARKRAFT SPORT X 190 SC  \$37,950 <small>HONDA 90 H.P. EFI, TRAILMASTER B190SP1X TRAILER, ALUM WHEELS W/ SPARE, 3 EXTRA SEAT BASES, REAR SPONSORS, HONDA PRE RIG, DISC BRAKES, SWING TONGUE & STARTING BATTERY</small>	2021 POLARKRAFT OUTLANDER 186  \$28,950 <small>MERCURY 115 H.P., TRAILMASTER TRAILER, ALUM WHEELS, MATCHING SPARE, MINN KOTA POWER DRIVE I-PILOT TROLLING MOTOR 70# THRUST, MOORING COVER</small>
2017 WHITE RIVER 1542 JON  \$4,450 <small>2015 MERCURY 15 H.P., TRILLER/ELECTRIC START, 2017 MARINE MASTER TRAILER, BATTERY, FUEL TANK, LIVE WELL</small>	2018 SEAARK RXV 186  \$18,500 <small>1986 JOHNSON 70 H.P., T/T, 2018 HAUL RITE ABT 66 DEL ALUM WHEELS, SPARE TIRE, MINN KOTA 70# PWR DRIVE I-PILOT 24V TROLLING MOTOR, FLOAT PADS W/LADDER, 2 SEATS, 3 BATTERIES, SWING TONGUE MOTOR</small>	2001 TRACKER TX 17  \$7,295 <small>2004 JOHNSON 50 H.P., TRACKER TRAILER, MOTORGUIDE 40# THRUST TROLLING MOTOR, 2 BATTERIES</small>

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Ag Update

Submitted by Tom Miller, Ballard County Extension Agent for Ag and Natural Resources

Pecan Grafting Workshop Graves County – May 4th

There are several people around the county that raise pecans to sell, there are also many who have pecans in their landscape and are interested in pecan production. Unfortunately, successful pe-

can production is very weather dependent in our area. There are several insects and diseases that are very damaging to pecans. These can often be controlled when the tree is small, but as the trees grow,

it takes specialized equipment to make these applications. Most productive pecans are grafted trees. A root stock that normally grows in this area has a more productive variety grafted to the

top (called a scion). Most of our fruit trees are produced the same way. Soon after I started here, I thought I was interested in grafting pecans. I spent a full day with Dr. Charles Ogletree and he

showed me his technique and we tried it on several trees. Everyone that his did took and survived while all that I tried ended up failing. So then I spent a day with Fort Ray Duly and he showed me a little different technique that was supposed to be easier. Same results. That ended my attempts at grafting pecans.

For those of you that may have an interest, Dr. John Strang, retired horticulture specialist from Lexington, will be conducting

a grafting demonstration in Graves County on May 4th. It is free and open to anyone interested. It will run from 10:00am until 2:00 that afternoon at the Skip and Jenny Shearhouse Pecan Farm, 3474 State Route 1684, Boaz, KY 42027. You can call here and I'll be glad to get you a flyer or call the Graves County Extension Office at 270-247-2334.

The flyer says bring a lawn chair and a picnic lunch but call and let them know your coming.

3 challenges facing the agricultural sector

Since the World Health Organization declared a global pandemic in early 2020, businesses big and small have faced significant challenges. Though the pandemic has ended, many sectors, including the agricultural industry, are facing familiar and unfamiliar challenges.

The agricultural sector is crucial to the survival and health of billions of people across the globe. Though it's obvious that modern agriculture is vital to feeding a global population that was greater than eight billion people at the dawn of 2024, the United Nations notes that agriculture also boosts prosperity and economies by providing jobs. That reality only underscores the notion that the challenges facing the agricultural sector are



facing everyone, even those whose livelihoods are not directly linked to the industry. According to Earth.org, an organization

that offers environmental news, data analysis, research, and policy solutions, the following are three sizable challenges

facing modern agriculture.

1. Climate change: Perhaps no challenge is greater for humanity in the twenty-first

century than climate change, and the agricultural sector is no exception. Climate change has caused shifting weather patterns marked by unpredictability and potentially disastrous developments like prolonged drought. Estimates from NASA indicate corn yields may decrease by 24 percent by the end of this century, a potentially dangerous development linked to a host of factors, including a shifting climate and elevated surface carbon dioxide concentrations that can be traced to human-caused greenhouse gas emissions.

2. Population growth: The booming global population is attributable to numerous factors, including longer life expectancies in developed nations due to medical advancements. How to keep the global population fed at a time when the climate is adversely affecting crop yields is a significant challenge facing both humanity and the agricultural sector. As the population grows, so, too, does the demand for water, which also must be used to grow crops. Navigating this challenge will be significant, and how it's managed could

affect the economic stability of the agricultural industry in the decades to come.

3. Investment: Perhaps no industry is more vital to human survival than agriculture. Earth.org notes that countries with strong agricultural sectors often boast higher standards of living and health than nations with a less productive agricultural industry. Despite that, Earth.org notes that investment in the agricultural sector is not commensurate with the growing population. Supporting measures to invest more heavily in the agricultural sector could reduce food shortages in the decades to come and ensure the agricultural sector is better positioned to address the many challenges it is already confronting in the twenty-first century.

The challenges facing the agricultural sector affect those who work in the industry but also the global population as a whole. Recognition of that reality may compel more people to support measures designed to ensure the agricultural sector can thrive and help the world to overcome potentially devastating challenges in the decades ahead.

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295803711_M_Perf_01_0103

The Lord will send a blessing on your barns and on everything you put your hand to. The Lord your God will bless you in the land. – Deuteronomy 28:8

EVENTS 2024 IN THE CCC



SPRING

- Earth Day Celebration | **April 22** | Kentucky Dam Village
- Kites Over Calvert | **May 4** | Doctors Park
- KY Dam Spring Paddle Up | **May 18** | KY Dam Boat Launch
- Golf Cart Scavenger Hunt | **May 24** | Calvert City Memorial Park
- Food Truck Friday | **Every Friday** | Calvert City Memorial Park
- Yoga in the Park | **Every Tuesday** | Calvert City Civic Center, 6 p.m.



SUMMER

- Food Truck Friday | **Every Friday** | Calvert City Memorial Park
- Just for the Health of It 5K | **June 1** | Calvert City Memorial Park
- Kids Art in the Park | **June 8** | Calvert City Old Park
- Calvert City Summer Slam | **June 21-23** | Calvert City Pickleball Courts
- Ameribration Pageant | **June 24** | Calvert City Civic Center
- Ameribration Celebration | **July 4** | Calvert City Memorial Park
- Back to School SPLASH | **August 7** | Calvert City Memorial Park
- Live at the Park | **August 14** | Calvert City Memorial Park
- Community Wide Yard Sale | **September 5-7** | All Over Calvert City
- Golf Cart Scavenger Hunt | **September 13** | Calvert City Memorial Park
- Suicide Prevention Walk | **September 16** | Calvert City Memorial Park
- Car Cruise-in | **September 20** | Calvert City Memorial Park
- Yoga in the Park | **Every Tuesday** | Calvert City Civic Center, 6 p.m.



FALL

- River Folk Fest | **October 4 & 5** | Calvert City Memorial Park
- KY Dam Fall Paddle Up | **October 5** | KY Dam Boat Launch
- Carol Capps Pink Walk | **October 12** | Calvert City Civic Center
- The Good Wu: Healing and Arts Fest | **October 19-20** | Civic Center
- Calvert City Treat Trail | **October 31** | All Over Calvert City
- Cranksgiving Challenge | **November 23-30** | Moneymaker Trail
- Yoga in the Park | **Every Tuesday** | Calvert City Civic Center, 6 p.m.



WINTER

- Calvert City Christmas Bazaar | **December 7** | All Over Calvert City
- Calvert City Lions Club Christmas Parade | **December 7** | 5th Ave
- Light Up Calvert City | **December 7** | Calvert City Memorial Park
- Dave's Jingle Dash 5K and Fun Walk | **December 7** | Memorial Park
- Yoga in the Park | **Every Tuesday** | Calvert City Civic Center, 6 p.m.

The Scene

APRIL 2024

NQM QUILTERS EDITION

INSIDE:
WEST KY
NEWS B
SECTION

- Obituaries
- Week in Review
- Area Events
- Classifieds



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One of the south's best museums

By **Teresa Pearson**
The Scene Writer

AQS QuiltWeek in Paducah is April 24-27, 2024.

Named one of the "South's best museums" by Southern Living magazine, the NATIONAL QUILT MUSEUM is guaranteed to be a hit with both quilters and non-quilters alike. With a 600 plus piece collection and

rotating exhibitions the National Quilt Museum audiences experience the wonderful art of quilt making.

When you visit, allow ample time to visit the other locally-owned quilt and fabric shops around town.

Take a leisurely drive on the McCracken County Quilt Block Trail. Follow this scenic route for more than 30 quilt blocks on barns and buildings

throughout Paducah and McCracken County.

Visit Yeiser Art Center, host of the international Fantastic Fibers exhibition. Yeiser Art Center features fantastic artist exhibitions and events. Meet working artists with open studios in the beautiful area of downtown Paducah.

Paducah has a lot of amazing things to offer quilters as well as any other tourists who

visit the area. One of the world's UNESCO Creative Cities, Paducah is known worldwide for its rich traditions in quilting and the fiber arts. AQS QuiltWeek welcomes the world of quilting to Quilt City USA® with hundreds of AQS Contest quilts, diverse special exhibitions, merchant malls and education with world-class instructors.

Check out quilttv on Youtube!

NQM offering several classes

Plan now to take a class at The National Quilt Museum in beautiful Paducah, Kentucky, a UNESCO Creative City recently named the most charming small town in America by Reader's Digest.

CHERYL SLEBODA – CLASS
May 18, 2024

Learn machine quilting fundamentals in this one-day class.

<https://quiltmuseum.org/classes/machine-quilting-fundamentals/>

for more details and registration.

ESTERITA AUSTIN WORKSHOP
July 18-20, 2024

Learn an original technique that utilizes fusible web to transfer your original painted image to Organza. <https://quiltmuseum.org/classes/Esterita-Austin/> for more details and registration.

SUSAN CARLSON WORKSHOP

August 1-3, 2024

Learn the complete process of fabric collage by having fun playing with your fabric with this project. <https://quiltmuseum.org/classes/susan-carlson/> for more details and registration.

CHERYL SLEBODA – CLASS
August 21, 2024

Plaits to Meet You Table Runner Class. Click here for more details

and registration.

CYNTHIA ENGLAND WORKSHOP
September 5-7, 2024

Picture Piecing – Learning how to create realistic pieced pictures. <https://quiltmuseum.org/classes/cynthia-england/> for more details and registration.

MELISSA SOBOTKA WORKSHOP
October 3-5, 2024

see CLASSES, page 2

Friends' Reception to be held at NQM

Dear Friend of the Museum,

You're invited to The National Quilt Museum Friends' Reception!

Please join us for complimentary refreshments, friendship, and extraordinary quilt exhibitions during AQS QuiltWeek Paducah.

We'll also be holding a live charity auction, where you'll be able to bid on a Handi Quilter Sewing Machine, a Kaffe Fassett Quilt, gorgeous fabric baskets from Moda and FreeSpirit, a three-night stay for two at Paducah's historic Belle Louise Bed & Breakfast with your choice of NQM

workshops, and more!

We value your support and hope that you can join us.

Thursday, April 25th
NQM Friends Reception Thursday, 5:30-7:00 p.m.

Live Charity Auction 6:00 p.m.

Please RVSP to info@quiltmuseum.org

The National Quilt Museum is located downtown historic Paducah, 3 blocks from the AQS QuiltWeek Paducah Show at 215 Jefferson Street.

Visit <https://quiltmuseum.org/quiltweek/> here for a full calendar of NQM QuiltWeek Paducah events.

Welcome Quilters!

APRIL EXHIBITS

Barbara McCraw: Life Stories
March 8 – July 16

Karen Nyberg: The Stars Are Aligned
March 29 – July 30

New Quilts From an Old Favorite
Closes July 30

Karen K Stone: Purpose + Passion
March 15 – August 6

NQM SPECIAL QUILTWEK EVENTS

\$13 GENERAL ADMISSION

MONDAY, APRIL 22 – SATURDAY, APRIL 27 THURSDAY, APRIL 25

Book Signing: Quilt City/Hadley Carroll Mystery by Bruce Leonard, 10am – 1pm

Meet the Artists: New Quilts From an Old Favorite, 11 am – 12pm

Meet the Artist: Karen Nyberg, 1 pm -2pm The Stars are Aligned

Meet the Artist: Barbara McCraw, 2 pm -3pm Life Stories

Meet the Artist: Karen K Stone, 2:30pm – 3:30pm Passion + Purpose

Book Signing: Kentucky Quilts and Quiltmaking by Linda LaPinta, 2pm – 5pm

NQM Members Reception, 5:30 – 7 pm with Live Auction at 6 pm

FRIDAY, APRIL 26

Jayne Moore Waldrop Book Signing, 10 am – 1 pm
Renowned Kentucky Author of Drowned Town and other works

Meet the Artist: Barbara McCraw, 10 am -11am Life Stories

Meet the Artist: Karen K Stone, 10:30am – 11:30am Passion + Purpose

Meet the Artist: Karen Nyberg, 11 am – 12pm The Stars are Aligned

Meet the Artists: New Quilts From an Old Favorite, 1 pm – 2pm

• **CLASSES**

from page one

Explore photorealism a genre of art that encompasses painting and drawing.

<https://quiltmuseum.org/classes/melissa-sobotka/> for more details and registration.

CHERYL SLEBODA
- CLASS
October 3-5, 2024

What in Carnation Wall Hanging Class. <https://quiltmuseum.org/classes/what-in-carnation/> for more details and registration.

Need a place to stay? Paducah Harbor Plaza and Belle Louise Historic Bed & Breakfast are both walkable to The National Quilt Museum and they offer discounts for guests who are

visiting The National Quilt Museum. For more travel planning assistance, visit the Paducah Convention & Visitors Bureau.

The National Quilt Museum is a 501(c)3 not for profit organization and the official “national” quilt museum of the United States located in Paducah, Kentucky “Quilt City USA.”



Cheryl Sleboda



Esterita Austin



Susan Carlson



Cynthia England



Melissa Sobotka

Class Instructors

Volunteering at the NQM

Have you ever thought about becoming a NQM volunteer? Museum volunteers meet visitors from around the world and enjoy a fun atmosphere around extraordinary art.

The National Quilt Museum is a 501c3

nonprofit organization that relies heavily on volunteers in order to achieve its goals. The museum welcomes over 35,000 annual visitors from all 50 states and dozens of foreign countries to Paducah on an annual basis.

Volunteers fill important roles in several museum departments including interacting with museum visitors as docents in the gallery, helping the Education Department with youth programming, and

helping the Curatorial Department with exhibit changes. No experience necessary.

Visit <https://quiltmuseum.org/volunteer/> or contact Angela Elder at 270.442.8856 x212 for more information.



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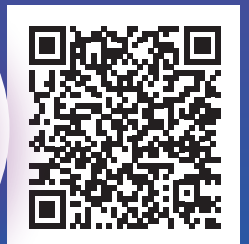
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Current Exhibits at the National Quilt Museum



**LIFE STORIES BY BARBARA MCCRAW
OPEN MARCH 8 – JULY 16, 2024**

Retired teacher and pathologist Barbara McCraw is a Master Quilter whose pieces have been exhibited across North America and Europe.

Barbara says, “My artwork is most influenced by my imagination, the encouragement I receive from my friends and the memory of my mom. I think of her the most while I’m sewing; I think of how steadfast and hardworking she was and at once, my patience grows for the tedious work sometimes involved in quilt making.

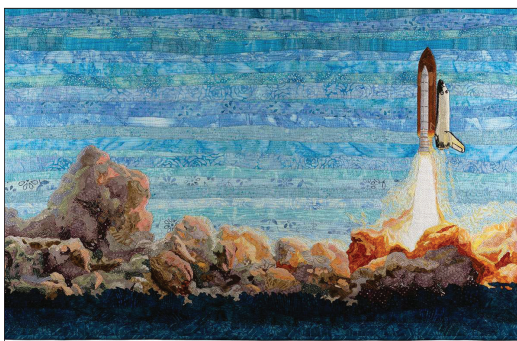
Satisfaction with the results is much more important to me than how long it takes to get there.”



KAREN K STONE: PURPOSE + PASSION

OPEN MARCH 15 – AUGUST 6, 2024

A quilter since 1986, Karen’s inspiration manifests equally of innovation and tradition. Her quilts have won numerous awards, including first prizes in international competitions, and her designs appear frequently in exhibition.



**THE STARS ARE ALIGNED
BY KAREN NYBERG
OPENS MARCH 27 – JULY 30, 2024**

Since retiring from NASA in 2020, Karen Nyberg has been working in her home studio to create art that celebrates her time as an astronaut, life in space, her family, and her interest in Earth conservation. Karen’s medium of choice

is fabric and thread: “I love to create textile artworks. The process of puzzling the fabrics and textures together engages both the technical and creative sides of my brain.” Retired teacher and pathologist Barbara McCraw is a Master Quilter whose pieces have been exhibited across North America and Europe.

Barbara says, “My artwork is most influenced by my imagination, the encouragement I receive from my friends and the memory of my mom. I think of her the most while I’m sewing; I think of how steadfast and hardworking she was and at once, my patience grows for the tedious work sometimes involved in quilt making. Satisfaction with the results is much more important to me than how long it takes to get there.”

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SRI MANAGEMENT

Current Exhibits



ROARING TWENTIES: 2024 NEW QUILTS FROM AN OLD FAVORITE EXHIBIT

OPEN MARCH 15 – JULY 30, 2024
NEW QUILTS FROM AN OLD FAVORITE
This international contest organized by the National Quilt Museum challenges quiltmakers to create an innovative quilt based on a specific traditional pattern. Winners of the contest traditionally include quilts from many different U.S. states and several other countries.

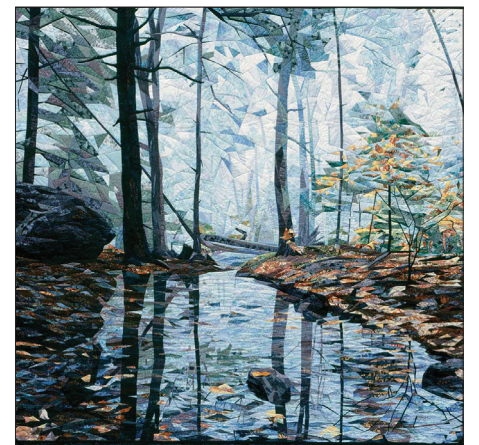
Quilts are selected for their excellence in design and techniques, their innovation, and their contributions to an exhibit showing the wide range of designs and styles the selected traditional pattern can inspire.

NEW QUILTS FROM AN OLD FAVORITE 2024: ROARING TWENTIES
The 2024 theme is Roaring Twenties! The quilt, in some recognizable way, must be about the Roaring Twenties and include an interpretation of a traditional block pattern of your choosing. All quilts must be an original design.

Upcoming Exhibits



SUSAN CARLSON: SPECIMENS
OPENS: JULY 19, 2024



SUSAN CARLSON: SPECIMENS
OPENS: JULY 19, 2024



SUSAN CARLSON: SPECIMENS
OPENS: JULY 19, 2024

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OBITUARIES

• BALLARD •

Nellie Sue Brazell, 87, passed away April 5, 2024, at Life Care Center of LaCenter. Funeral services were held April 9, 2024, at Morrow Funeral Chapel. Interment at Hollow Rock Church Cemetery in Bruceton, TN.

• CALDWELL •

Kameron "Bubba" Cain, age 33 of Princeton passed away on April 3, 2024, in Jasper, GA. A visitation service will be held on Friday, April 12, 2024, from 5:00 PM to 7:00 PM at Goodman Funeral Home in Princeton.

James Leonard Pendleton, 62, of Fredonia, passed away April 6, 2024, at Rivers Bend Retirement Community in Kuttawa. A memorial visitation will be held from 4:00 pm until 7:00 pm Sunday, April 14, 2024 at Morgan's Funeral Home.

Joyce Lacey, 90, passed away peacefully on April 6, 2024, in Princeton, KY. Services were held at 11:00 am Monday, April 8, 2024 at Morgan's Funeral Home.

• CALLOWAY •

Jack R. Studie, 76, of Murray, peacefully passed away April 4, 2024. Funeral services were held April 8, 2024, at Milner & Orr Funeral Home of Paducah. A private burial was held at Potageville Cemetery in MO.

Mr. Matthew Sparks, 40, of Murray, passed away on April 6, 2024, at his home. His family welcomes visitors from 2 pm - 4 pm on Sunday, April 14, 2024, at Imes Funeral Home & Crematory, Murray.

Mrs. Judith L. Cox, 84, of Springville, TN, passed away on April 7, 2024, at Murray Calloway County Hospital. No services are planned at this time.

Mrs. Anita Claire (Templeton) Thornton, 89, of Murray, passed away on April 6, 2024, while in hospice care in Paducah. A private family graveside service was held at the Thornton Farm Overlook in New Concord. Burial followed at Thornton Rock Cemetery.

Mr. Mitchell "Mitch" Gibbs, 78, of Murray, passed away on April 7, 2024, while in hospice care. Arrangements are incomplete at the J.H. Churchill Funeral Home & Cremation Services.

• CHRISTIAN •

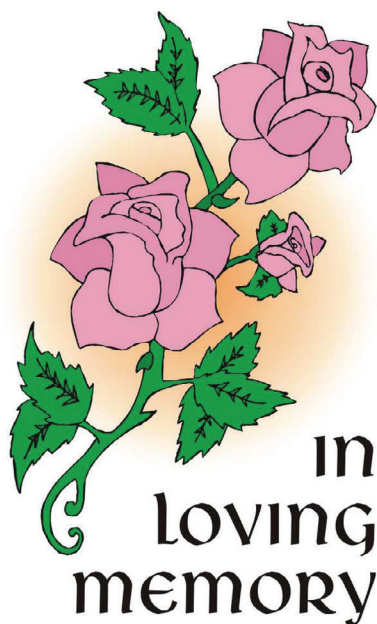
Katerina Gani Holland, 77, of Hopkinsville, passed away April 3, 2024, at Bradford Heights Nursing and Rehab. Graveside services were held on April 8, 2024, at Kentucky Veterans Cemetery West. Maddux-Fuqua-Hinton has the arrangements.

Timothy M. Henderson, 58, of Hopkinsville, passed away April 3, 2024, at his home. Funeral services will be held at 11 a.m. on Saturday, April 13, at New Work Fellowship; burial to follow in New Ebenezer Cemetery. Visitation will be at New Work Fellowship on Friday, April 12, from 4 p.m. until 8 p.m., as well as Saturday, April 13 from 9 a.m. until service time at 11 a.m. Maddux-Fuqua-Hinton Funeral Home has the arrangements.

Angie Mashburn Von Fange, 50, of Crofton, KY, passed away April 4, 2024, at her home. Funeral services were held on April 8, 2024, at Maddux-Fuqua-Hinton Funeral Home. Burial followed in McKnight Cemetery.

Gary Watkins Manning, Sr., 73, of Hopkinsville, passed away on April 4, 2024, at this home. The family has chosen cremation and welcomes family and friends to stop by the home to pay their respects at any time. Maddux-Fuqua-Hinton Funeral Home has the arrangements.

Paula Jones Dossett Taylor, 76, of Hopkins-



In
Loving
Memory

ville, died April 5, 2024 at her residence. Funeral services were held on Wednesday, April 10, 2024 at Hughart, Beard, & Giles Funeral Home. Burial followed in Ridgetop Cemetery.

Donna C. Fittje, 84, of Hopkinsville, died April 7, 2024 at Tristar Skyline Medical Center in Nashville, TN. Funeral services were held on April 11, 2024, at Hughart, Beard & Giles Funeral Home. Burial followed in Macedonia Cemetery.

Ouida Foster, 96, of Hopkinsville, died April 8, 2024, at the Christian Health Center. Funeral services were held on April 10, 2024 at Cumberland Presbyterian Church. Burial followed in Riverside Cemetery. Hughart, Beard, & Giles Funeral Home has the arrangements.

Robert Owen Noel, 92, of Clarksville, TN passed away April 3, 2024, at his home. A graveside service was held at on April 6, 2024 at Green Hill Memorial Gardens. Lamb Funeral Home is assisting with arrangements.

Gerald W. Bennett, 57, Terry Coal Road, Crofton, KY passed away Saturday, April 6, 2024, at his home. A celebration of life was held on April 10, 2024, at Lamb Funeral Home.

Jimmy Powell, 75, of Hopkinsville, died on April 3, 2024, at his residence. Memorial services were held on April 6, 2024, at Living Hope Baptist Church Eagle Way Campus. Dogwood Funerals & Cremations has the arrangements.

• FULTON/HICKMAN •

Peggy Stroud Hall, 77, of Fulton, passed away April 3, 2024, at the Jackson Purchase Medical Center in Mayfield. A memorial service will be held at a later date and announced from the Brown Funeral Home in Clinton.

Mr. Larry Wayne Morehead, Sr., 63, of Crutchfield, passed away April 4, at the Tristar Centennial Medical Center in Nashville, TN. Funeral services were held April 10, 2024, at the Church of Jesus Christ of Latter Day Saints, Fulton, KY. Burial was in the Pleasant View Memorial Gardens.

• GRAVES •

Edward Lee Medley, 80, of Boaz, passed away on March 31, 2024, at the Ray & Kay Eckstein Hospice Care Center in Paducah. Graveside services were held April 4, 2024, at Fooks Cemetery with burial following.

Mrs. Annie L. Carter, 93, of Mayfield, passed away on April 7, 2024, at Mills Health and Rehab Center. Funeral arrangements are incomplete at Byrn Funeral Home.

Mrs. Patsy Ann McBee Traugher, 80, of Conroe, TX, formerly of Mayfield, passed away on April 4, 2024, at her residence. Funeral services were held April 9, 2024, at Byrn Funeral Home in Mayfield.

Nellie Elizabeth "Betty" Kendall, 100, of Golo, KY, passed peacefully from this earth to glory in Heaven on March 28, 2024, at her home. Funeral services were held March 30, 2024, at Byrn Funeral Home in Mayfield, KY. Interment was at Mt. Olive Church of Christ Cemetery in Golo, KY.

Mrs. Martha Lynn Brewer Puckett Delk, 91, of Mayfield, passed away April 5, 2024, at the Mills Health & Rehab in Mayfield. Funeral services were held April 9, 2024, at the Northside Church of Christ in Mayfield; burial was in the Highland Park Cemetery.

Joshua "Josh" Harpole, 22, of Lowes, passed away on April 4, 2024, at the TriStar Centennial Hospital in Nashville, TN. Funeral services were held April 8, 2024, at the Brown Funeral Home in Mayfield; burial was in the Woodlawn Memorial Gardens.

Mr. Steven Ellegood, 71, of Mayfield, passed away on April 3, 2024, in Cape Girardeau, MO. Funeral services will be held at 1:00 p.m. Friday, April 12, 2024, at the Brown Funeral Home in Mayfield. Friends are invited to call from 10a.m. - 1 p.m. on Friday, April 12, 2024 at the Brown Funeral Home in Mayfield.

Mr. Robert Lynn Pearce, 75, of Mayfield, passed away on March 31, 2024, at while in hospice care in Paducah. Funeral services were held on April 3, 2024 at the Brown Funeral Home in Mayfield. Burial was in the Mt. Olive Methodist Church Cemetery.

Mrs. Charlene S. Mills, 83, of Fancy Farm, passed away March 29, 2024, at her residence. A funeral mass was held April 2, 2024, at the Saint Jerome Catholic Church in Fancy Farm.

• HENDERSON •

Amy Jo Caswell Hopson, 62, of Henderson, passed away on April 4, 2024, while under hospice care. The funeral service was held on April 6, 2024 at Benton-Glunt & Tapp Funeral Home. Burial followed at Roselawn Memorial Gardens in Henderson.

John William Zahn, Sr., 77, of Henderson, passed away on April 4, 2024, at Deaconess Midtown Hospital in Evansville, IN. Funeral services were held April 10, 2024, at Benton-Glunt & Tapp Funeral Home in Henderson. Burial followed at Roselawn Memorial Gardens in Henderson.

Joel B. Martin, 84, of Henderson, passed away on April 2, 2024, at his home surrounded by his loving family. Funeral services were held on April 9, 2024, at Tomblinson Funeral Home in Henderson. A private burial will take place at West Kentucky Veterans Cemetery.

Dawn Marie Payne, 64, passed away on April 5, 2024, at Twin Rivers Nursing & Rehab Center in Owensboro, KY. Services to celebrate her life will be held at a later date, allowing family and friends to gather and honor her memory.

• HOPKINS •

Glenda Faye Terrell, 68, of Earlington, formerly of Providence, KY, passed away on April 1, 2024, at The Hartford House in Owensboro, KY. Funeral services were held on April 5, 2024, at the Barnett-Strother Funeral Home - Providence Chapel. Burial was in the Green Grove Cemetery.

Mary Dillman Jameson Hughes, 74, of Madisonville, passed away April 2, 2024 at Baptist Health in Louisville. Funeral services were held on April 6, 2024, at Christ the King Catholic Church. Burial followed in Westlawn Cemetery in Hanson, KY.

James Warren Rust, 91, of Nebo, KY, passed away on April 5, 2024, at his residence. Funeral

OBITUARIES

FUNERAL NOTICES continued

services were held on April 11, 2024, at Penny-rile Church of Christ. Burial followed in Nebo Cemetery.

Imogene Daniel Witherspoon, 96, of Madisonville, passed away April 7, 2024, at Brighton Cornerstone Healthcare in Madisonville. Funeral services will be held at 11 a.m., on Friday, April 12, 2024 at Barnett-Strother Funeral Home in Madisonville. Burial to follow in Odd Fellows Cemetery.

Lynwood Cowan, 67, of Murray, passed away April 1, 2024 at his home. Memorial services in were held on April 8, 2024, at New Salem Missionary Baptist Church in Sturgis.

Shelby Jean Green, 66, of Hartsville, SC, and formerly of Mortons Gap, passed away April 2, 2024, at Carolina Pines Hospital. Services were held on April 6, 2024, at Bandy Funeral Home in Nortonville. Burial followed at Old Salem Cemetery in Mortons Gap.

Mary Louise Fox, 93, of Nortonville, passed away April 5, 2024, at Brighton Cornerstone Nursing Home. Service were held on April 9, 2024 at Bandy Funeral Home in Nortonville. Burial followed at New Salem Cemetery.

Phyllis Elaine Wardrip, 65, of Bremen, passed away April 6, 2024. No services are planned at this time. Bandy Funeral Home is in charge of arrangements.

• LIVINGSTON •

Mr. Van Evans Peek, 66, passed away April 5, 2024, at Ray & Kay Eckstein Care Center in Paducah. Services were April 9, 2024, in the Chapel of Boyd Funeral Directors and Cremation Services.

Miss Donna Sue Tabor, 69, of Salem, passed away April 8, 2024, at Salem Springlake Health and Rehabilitation Center. Graveside funeral services will be Saturday, April 13, 2024, at 11:00 a.m., at New Union (Ditney) Cemetery. Burial will follow after the services.

Mr. Joe Paul Wiggins, 93, of Salem, passed away April 8, 2024, at Salem Springlake Health and Rehabilitation Center. Funeral services will be Sunday, April 14, 2024, at 2:30 p.m., in the chapel of Boyd Funeral Directors and Cremation Services

• LYON •

Miss Tammie Reed, 42, of Kuttawa, passed away April 6, 2024, at Princeton Nursing and Rehabilitation Center. Funeral services will be April 12, 2024, at 1:00 p.m., in the chapel of Boyd Funeral Directors and Cremation Services.

• MARSHALL •

Debra Wallace, 69, of Benton, passed away on April 2, 2024, at River Haven Nursing and Rehab in Paducah. She will be cremated, and no services will be held at this time.

Sherry Kay (Wiley) Jones went to be with the Lord on March 30, 2024, surrounded by family. Per her wishes there will be no services scheduled.

Joanne Johnson, 79, passed away peacefully on April 4, 2024. Funeral services were held April 9, 2024, at the Life Celebration Center of Filbeck-Cann, Benton.

Chad Collins, 51 of Benton, passed away on April 1, 2024. Services were April 5, 2024, at Oak Grove Cumberland Presbyterian Church.

• McCRACKEN •

James "Benny" Armstrong, 80, of Paducah, passed away on April 1, 2024, at Mercy Health - Lourdes Hospital in Paducah. Funeral services were held April 6, 2024.

Laura DeeAnn Baggett, 48, of West Paducah passed away on April 1, 2024, at Mercy-Health Lourdes Hospital. She will be cremated, and a celebration of life will be held at a later date.

Paul B. Gruhlke, 81, of Paducah, passed away peacefully on April 6, 2024, at his home. Funeral services were held on April 9, 2024, at Milner & Orr Funeral Home of Paducah. Entombment was at Brook Hill Cemetery.

Dorothy Ann Beasley, 92, of Paducah, passed away April 5, 2024, at Parkview Nursing and Rehabilitation Center. Graveside services were April 11, 2024, at Woodlawn Memorial Gardens.

Brenda K. Stephenson, 78, of Paducah, was called to her heavenly home on April 3, 2024. Memorial services were April 9, 2024, at Milner & Orr Funeral Home of Paducah.

Betty L. Falconite, 91, of Paducah, passed away peacefully on April 3, 2024, at Gaither Suites. A funeral mass was held April 6, 2024 at the Works of Mercy Chapel at St. Thomas More Catholic Church. Burial was at Mt. Carmel Cemetery.

Jay Philip Owen, 45, of Paducah, passed away at his residence on April 2, 2024. Services with military honors were held April 7, 2024, at Milner & Orr Funeral Home of Paducah.

Jewell Dean Watts, 81, of Paducah, passed away on April 2, 2024, at her home in Paducah. Funeral services were April 5, 2024, at Milner & Orr Funeral Home of Paducah. Burial was at Mt. Kenton Cemetery in Paducah.

Patricia "Patty" Ezell, 81, of Paducah, passed away March 31, 2024, while in hospice care in Paducah. Services were held April 4, 2024, at the Lone Oak Chapel of Milner & Orr Funeral Home. Burial was at the Murray City Cemetery.

Margaret Ann (McKinney) Rushing, 90, of Paducah, passed away on March 31, 2024, at Providence Pointe after a long battle with dementia. A memorial service commemorating her life will be held at 12:00 p.m. Friday, April 12, 2024, at the First Baptist Church Paducah. Visitation will be from 10:00 a.m. - 12:00 p.m. on Friday, April 12, 2024, at the church. Milner & Orr Funeral Home of Paducah is in charge of local arrangements.

Roland Wilfred Mallas Jr., 82, of Paducah, passed away on April 1, 2024, at Southgate Nursing & Rehab in Metropolis, IL. Funeral services were held on, April 3, 2024, at Lindsey Funeral Home.

Dr. Luke D. Ross, 84, of Paducah, passed away peacefully surrounded by his loved ones on March 30, 2024. A private celebration of his wonderful life is planned for a later date.

Thomas David "Tom" Kiefer, 56, of Paducah, passed away on March 26, 2024, at Baptist Health of Paducah. A Celebration of Life service will be held and announced at a later date. Lindsey Funeral Home is in charge arrangements. Online condolences may be left for the family at www.lindseyfuneral.com.

Francis M. "Frank" Burch, 84, of Paducah, died April 5, 2024, at Baptist Health Hospital in Paducah. A funeral mass was held April 9, 2024, at St. Thomas More Catholic Church in Paducah. Burial was in Mt. Carmel Catholic Cemetery in Paducah.

Jackie Rae Patti, passed away on March 28, 2024, while in hospice care in Paducah. Keeling & Goodman Funeral Home has the arrangements.

Janet (Copeland) Wallace, 92, of Symsonia passed away at 6:35 AM on Sunday, March 31, 2024 at her residence. Funeral services were Friday, April 5, 2024 at Hughes Funeral Home in Paducah with Bro. Richard Hobbs officiating. BurialNellie Sue Brazell, age 87, passed away Friday, April 5, 2024, at Life Care Center of LaCenter, KY. She was born to her late parents,

Clyde Monroe and Mamie Madeline (Phillips) Ware on May 2,1936 in Bruceton, TN. at Woodlawn Memorial Gardens in Paducah.

Mrs. Amy Lynn Elmore, age 55, a resident of Lone Oak, passed away at 7:10 A.M. Wednesday, April 3, 2024 at her residence. Funeral services were Sunday, April 7, 2024 at The Lone Oak Church of Christ with Paul Wingfield and Randall Phillips officiating. Interment in the Lynnville Baptist Church Cemetery in Lynnville, KY.

• TRIGG •

Norma Martin, 75, of Cadiz, passed away April 1, 2024, at Shady Lawn Nursing and Rehabilitation Center in Cadiz. There will be no services at this time. Goodwin Funeral Home, Inc., has the arrangements.

Eliza "Carol" Larkins Hansen, 83, of Swansea, IL, born in Cerulean, KY, died April 1, 2024, at Four Fountains Nursing Home, Belleville, IL. A private burial will be held at Cerulean Cemetery. Goodwin Funeral Home, Cadiz, has local arrangements.

• UNION •

John Patrick McShane, Sr., 93, died March 30, 2024, in Morganfield, KY. Funeral services were held on April 6, 2024, at St. Ann Catholic Church in Morganfield. Burial followed in St. Ann Cemetery with full military rites. Witsell Funeral Home has arrangements.

Helen Marie Mackin, 85, of Morganfield, KY, passed away April 4, 2024, at Lucy Smith King Care Center in Henderson. A funeral mass was held on April 9 at St. Ann Catholic Church with burial in St. Ann Cemetery in Morganfield.

• WEBSTER •

Fedelia Ann Cain, 83, of Clay, passed away April 7, 2024, in Ocala, FL. Graveside services will be held on April 12, 2024 at Oddfellows Cemetery in Clay. Vanover Funeral Home is in charge of arrangements.

Tressa Jean "Mimi" Abbott Cullen, 83, of Madisonville, went home to be with her Lord, on April 1, 2024. The funeral service was held on April 5, 2024, in the chapel of Harris Funeral Home in Madisonville. A private burial followed at Oak Grove Cemetery in Morgantown.

Douglas Dewayne Cunningham, 69, of Madisonville, passed away on April 3, 2024, while in hospice in Evansville, IN. A funeral service was held on April 8, 2024, in the chapel of Harris Funeral Home. Burial followed at Olive Branch Cemetery in Hanson.

Donald Clark, 78, of Madisonville, passed away on April 6, 2024, at Baptist Health Deaconess in Madisonville. A funeral service was held on April 10, 2024, in the chapel of Harris Funeral Home. Burial followed at Bethlehem Cemetery in Madisonville.

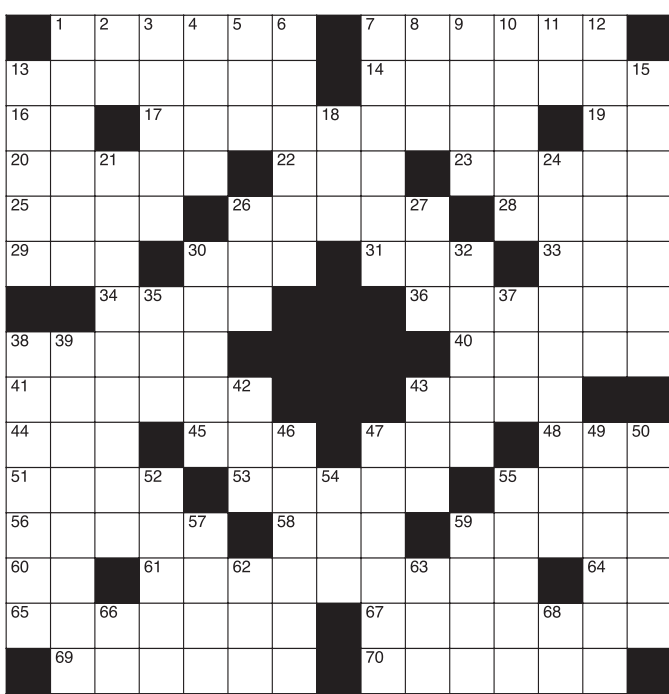
Clarice Evanell McDonald, 93, of Madisonville, passed away on April 7, 2024, at Madisonville Health and Rehab in Madisonville, KY. Arrangements are currently pending at Harris Funeral Home.

In your time
of sorrow, my
Thoughts
ARE WITH YOU

To place a full obituary, including a photo, call 270-442-7389 for details and pricing. Obituaries and funeral notices should be received by 9 a.m. Wednesday for inclusion in that week's paper.

PUZZLE PAGE

Crossword Puzzle



CLUES ACROSS

- 1. Island nation
7. Platforms
13. Project plan
14. French fishing port
16. South Dakota
17. Oakland's baseball team
19. Military policeman
20. Ornamental stone
22. Garland
23. Process that produces ammonia
25. Mousses
26. Music notation "dal ___"
28. Fail to win
29. Peyton's little brother
30. Not near
31. Some cars still need it
33. Lizard genus
34. An idiot (Brit.)
36. Postponed
38. African country
40. Gazes unpleasantly
41. In a way, traveled
43. Ukraine's capital
44. Appropriate
45. Dash
47. Twitch
48. Swiss river
51. Data file with computer animations
53. City in S. Korea
55. Particular region
56. They have eyes and noses
58. Tear
59. Large Madagascan lemur
60. Not out
61. Ornamental saddle covering
64. A driver's license is one
65. Latin term for charity
67. Rechristens
69. Objects from an earlier time
70. Hindu male religious teachers

CLUES DOWN

- 1. Used as a weapon
2. Yukon Territory
3. Makes a map of
4. An established ceremony prescribed by a religion
5. Unnilhexium
6. Merchant
7. Playing the field
8. Folk singer DiFranco
9. Something to scratch
10. Mexican agave
11. Equal to one quintillion bytes
12. Session
13. North American people
15. Ranches
18. Electroencephalograph
21. A type of compound
24. Avenue
26. High schoolers' test
27. A type of meal
30. Gradually disappeared
32. Ancient Frankish law code
35. Popular pickup truck
37. Buzzing insect
38. Deal illegally
39. Lying in the same plane
42. Obstruct
43. Related
46. Challenge aggressively
47. Nocturnal hoofed animals
49. Bird's nests
50. Forays
52. ___ B. de Mille, filmmaker
54. Title of respect
55. One-time name of Vietnam
57. Self-immolation by fire ritual
59. Private school in New York
62. Political action committee
63. A way to fashion
66. Email reply
68. "The Great Lake State"

PUZZLE SOLUTION



Word Search

ON THE FARM WORD SEARCH

A grid of letters for a word search containing various farm-related terms like 'BIRD', 'COW', 'SHEEP', etc.

WORDS

- ACRE
AERIAL
AEROPONICS
AGRICULTURAL
AGROECOLOGY
BALE
BIODYNAMIC
BORDER
BROADCAST
BUCKING
BUSHEL
CALVES
CARRYOVER
COMPOST
CULTIVATION
CYCLE
FARMING
FIELDS
GRAINS
IRRIGATION
LAND
ORGANIC
PESTICIDE
SEEDING

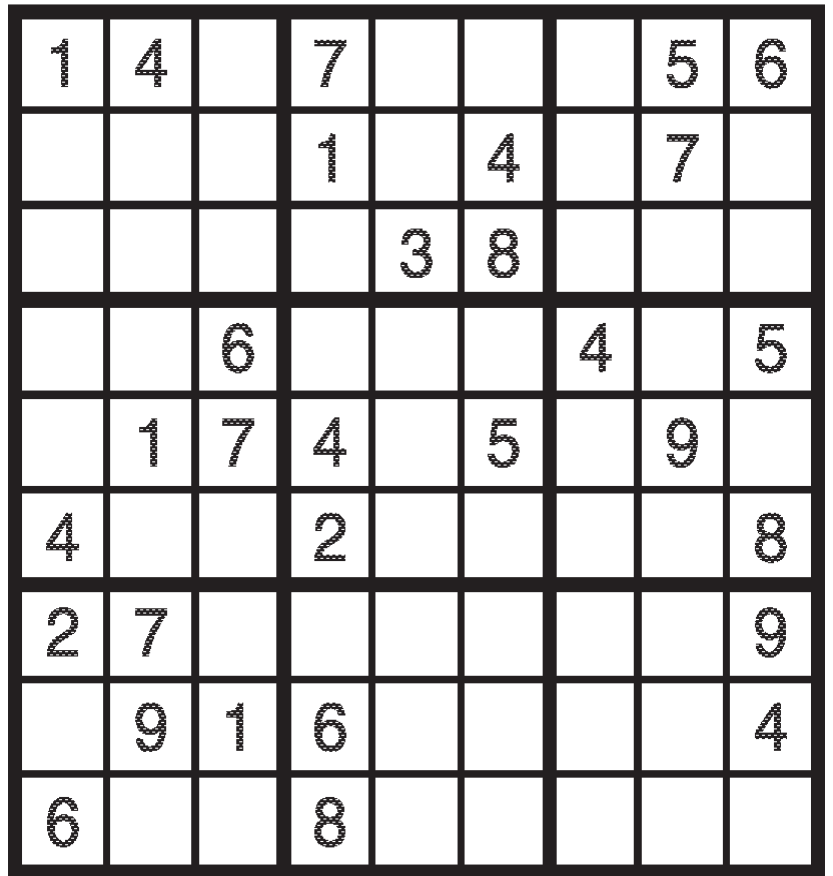
Find the words hidden vertically, horizontally, diagonally, and backwards.

Sudoku Puzzle

How it Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Good Luck!



Crypto Fun

ABCDEFGHIJKLMNOPQRSTUVWXYZ

CRYPTO FUN

Determine the code to reveal the answer!

Solve the code to discover words related to Lyme disease. Each number corresponds to a letter. (Hint: 8=L)

- A. 16 22 13 24 9 25
B. 5 8 8 23 22 26 26
C. 6 8 9 9 11
D. 6 12 13 24 22 25 5 12

Guess Who?



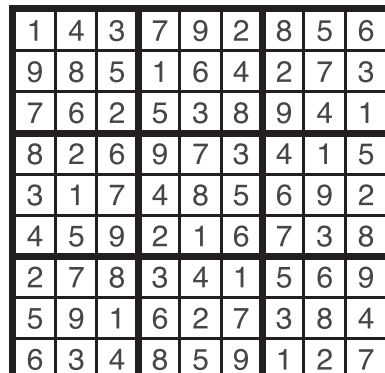
I am an actress born on April 13, 1980, in Georgia. I studied theater at the University of Evansville in Indiana. I am best known for my role on the soap opera "All My Children" and for playing a detective on "Law & Order: Special Victims Unit."

Answer: Kelli Giddish

Word Search Answers



Sudoku Answers



Riddle Me This

What gets bigger when more is taken away?

Answer: A hole

WEEK IN REVIEW

Ballard County

The Ballard-Carlisle Public Library has two open Board of Trustee positions! Both positions are for Ballard County residents at this time. If you are interested or have any questions, please email ballard-carlislepl@gmail.com. The Board of Trustees oversees the library and works with the library director to help the library thrive and serve its community in the best way possible. As a library that serves two counties, BCPL's Board has three members from Ballard County, and three members from Carlisle County.

Hickman County

Hickman County Spring Chicken Fest 5K Run/Walk in beautiful Clinton, KY is April 27th.

Pre-register by April 10 and guarantee your race shirt.

The event will be held on Saturday, April 27th, 2024. Check-in/late registration will begin at 7 a.m., and the race will start at 8 a.m.

5K Entry Fee - \$25* includes T-shirt.

After April 10- \$30 *T-shirt only guaranteed with completed registration by April 10 **No shirt guaranteed Online Registration: <https://runsignup.com/Race/KY/Clinton/SpringChickenFest5K>

Proceeds support the Hickman County 4-H Council

Fulton County

The Hickman Chamber of Commerce held their ribbon cutting ceremony on Friday April 6 for the new Dollar Tree/Family Dollar Store. Store officials reminded everyone of their Grand Opening celebration that took place on Saturday, April 6th, which will continue through Saturday, April 13th. Lots of great specials, a prize wheel with product samples, music, face painter and kid zone. Customers who spend \$25 or more can also receive a \$5.00 off coupon for their purchase. Dollar Tree/

Family Dollar is located at 1306 Moscow Avenue in Hickman.

Livingston

For the second year in a row, the winner of the Cornelia Reece Unsung Hero Support Staff Award was an employee of Livingston County Schools, leaving the entire district proud. The award was won by Mrs. Kanda Boyd, the kitchen manager at South Livingston Elementary School as well as the child nutrition program assistant for the entire school district. She was presented as the winner of the award on Thursday, March 28, 2024 at WKCTC's Clemens Fine Art Center.

Crittenden

The Crittenden County Extension Office announced that since April is Child Abuse Prevention Month, they have placed pinwheels out on various properties and local businesses. This is done to represent hope that every child will be raised in a healthy, safe and nurturing environment. The extension office is encouraging locals to stop by their office for a pinwheel and other supplies as well as information to show your support for happy children all around.

Lyon

Due to illness, the Lyon County PVA office was operating with only one person momentarily. The public was asked to be patient as the office works to expedite any transactions, considering the very busy time for the PVA Administration. The PVA office was still experiencing delays and issues with their new state system, though it will be resolved as soon as possible.

Caldwell

The Caldwell County Water District is still needing the Water District customers to assist in filling out the lead service line survey. It is a quick 3 minute survey. The reason for the survey is for federal EPA

requirements ensuring there are no "lead" water lines still in use. The Caldwell County Water District will greatly appreciate all who take their time in participating and time in filling the survey out.

Trigg

The Cadiz Police Department advised that their West Cadiz Park Boat ramp was temporarily closed while crews recovered a submerged vehicle. The vehicle accidentally was submerged when two anglers were attempting to launch their boat recently. The department has made a PSA announcement that the ramp is back open to the public.

The Finance and Administration Committee in Mayfield met to discuss new pricing for grave openings and cremation during the week. They reviewed the new pricing ordinance for their grave opening and cremation process. This price increase comes after their grave digger raised prices for both grave and cremation processes. The grave digger raised the prices of grave openings to \$450 from \$350, and cremation increased to \$150 from \$100. The committee will recommend adjusting their grave opening price to \$550 and cremation price to \$250 to the city council.

Officers of FCCLA at GCHS attended the KY FCCLA State Leadership Conference. Students competed in STAR events and attended leadership sessions! Abrielle Ballard, Bree Riley, & Paige Karlovetz earned 2nd place in the state in Nutrition & Wellness.

Other groups were recognized on stage for participating in STAR events, those include, Focus on Children - Emalee Beyer & Jeena Carter and Chapter in Review Display - Bella Cornett & Kinsey Dickerson

A Mayfield man was busted during a traffic stop and charged with trafficking drugs.

Deputies said Holmes was in possession of 11 grams of what was believed to be crack cocaine. He also was reportedly found with a quantity of marijuana. Holmes was arrested and charged with trafficking cocaine and marijuana, as well as, driving on a DUI suspended license. He was stopped in McCracken County and later taken to the McCracken County Regional Jail.

Marshall

Addison Roberts and Sam Martin from Marshall County High School were accepted in to Gatton Academy at Western Kentucky University! Students from 40 counties make up the Class of 2026. Each student will complete their junior and senior years of high school living in Florence Schneider Hall. At the end of their two-year course of study, students will graduate from high school with a minimum of 60 college credit hours and an Associate Degree of Interdisciplinary Studies from Western Kentucky University.

Amy Mason, a member of the Benton Woman's Club has been elected president of the Kentucky General Federation of Women's Clubs. Mason joined the Benton Woman's Club in April of 2012. The Benton Woman's Club has had some members elected to state positions before, but never as president.

Mayfield-Graves

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Murray

The 2nd Annual Suicide Awareness Walk in Murray, KY took place. This walk helps raise awareness and send a message of hope to those battling suicidal thoughts. There were over 100 students who participated in the walk at Murray State University. The organizer of the event is, Sean Slusher.

Dr. Miker Perlow, Murray State University Nursing Professor, was selected as the 2024 Murray State University Alumni Association (MSUAA) Distinguished Professor.

Murray State Athletics announced that they surpassed 1,000 hours of community service for the first time in the history of the department. This was accomplished by all of Murray State's men's and women's

sports programs including, baseball, basketball, cross country, football, golf, rifle, soccer, softball, tennis, track & field, and volleyball.

The Murray State Women's Golf Team secured their 12th championship at the Jan Weaver Invitational, with a dominant performance in Murray, Kentucky.

Shasta O'Neal, after a long and very accomplishing 26 years at Murray State announced her retirement for this year. O'Neal is the digital media services administrative specialist.

She has worked as a producer and videographer for Murray State's in-house media production department since 1998. Her work has been instrumental in promoting University departments and student recruitment.

Calloway

Calloway County High School students, Kaylee Tharp, Whitney Potter, Emma Martin, and Zuri Conner had their artwork accepted into the All-State Purchase/Pennyrile Regional Art Exhibition! There were over 500 entries from 11 different schools throughout the region and has a 30% acceptance rate. Potter took first place in printmaking and earned a place at the state competition in April. Amber Wu, took 3rd place in fashion design, and Conner won a \$200 scholarship to attend the Summer Art Workshop at Murray State University during the summer.

Congrats to CCHS students Jaycee Crouch and Noah Fulton for being awarded \$500 from the Kentucky Future Farmers of America Foundation as a part of the Supervised Agriculture Experience grant. Over the past four years, CCHS FFA students have been awarded \$11,000 through these state agriculture grants.

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Tips to pick the right time to retire

Professionals work hard to achieve both short- and long-term goals. Retirement certainly qualifies as a long-term goal, and many people spend decades building and investing in a nest egg that they hope will help them enjoy their golden years to the fullest extent.

The decision regarding when to retire is affected by a host of variables, so what's a good time for one individual may not be ideal for another. However, professionals on the cusp of retirement can consider these tips as they try to pick the right time to retire.

- Consider age-related benefits. Both the United States and Canada feature government-sponsored retirement income programs and it behooves individuals to familiarize themselves with the rules of those programs so they can maximize their benefits. The Canada Pension Plan (CPP) allows individuals to begin receiving full CPP benefits at age 65, but they also can get a permanently reduced amount the moment they turn 60. The CPP also allows people to receive a permanent increase if they wait until turning 70 to receive

payment. Similar age-related rules govern the Social Security benefits program in the United States, where individuals can begin claiming benefits at age 62, though those benefits will be reduced by 25 percent. If individuals wait until they're 66 or, in some cases, 67, to claim Social Security benefits, they will receive their full benefits. The Social Security Administration notes that those who can wait until age 70 to claim benefits will receive as much as 132 percent of the monthly benefit they would have received at full

retirement age. These distinctions are significant, especially for people who will be looking to government-sponsored programs to provide significant financial support in retirement. Individuals who won't rely as heavily on such programs may be able to retire earlier.

- Pay off your debts. Carrying debt into retirement can be risky. In general, it's ideal to pay off all debts, including a mortgage and car payment, before retiring. Doing so can provide more financial flexibility and make it easier to manage unforeseen expenses, such as those

incurred due to health problems.

- Consider your retirement living expenses. It goes without saying that a sizable nest egg will be a necessity for anyone hoping to live comfortably in retirement. But the tricky part is figuring just how big a nest egg might need to be. In such instances, individuals can speak with a financial advisor and discuss what their retirement living expenses will be. Conventional wisdom based on the Consumer Price Index suggests individuals will need to replace between 70 and 80 percent of their

pre-retirement income after calling it a career. But even that figure is not set in stone, as rising inflation, such as the rapid spike experienced in 2022, can quickly put retirees in financial jeopardy. By estimating the expenses they might have in retirement, individuals can begin to see just how close or far away from retirement they may be. Budget for inflation so any spike in living expenses can be easier to manage.

Many individuals recognize that there's no perfect time to retire. But a few simple strategies can help professionals make the best decision possible.

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- Debra Roberts

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ABSOLUTE ONLINE ONLY AUCTION

Starts April 19 @ 8:00 A.M. CST and ends April 25 @ 4:00 P.M. CST • Preview dates April 19 & 20, 10:00 A.M. CST until 12:00 P.M. CST.

Items to be at two separate locations: Dunlap, TN SVEC and South Pittsburg, TN Armory.

All items sold "AS IS". A 10% Buyers Premium will be added to the final bid.

Payment: Cash, Good Check, Credit Card at the end of auction. Items will not be released until payment made in full.

Go to www.hamiltonauction.com for more information and to register to bid.

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Pikeville, TN 37367

TAL# 1557



REAL ESTATE AUCTION

SATURDAY APRIL 13th, 2024
10am CST HELD ONSITE

*245 Bismark Lane
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SERENE COUNTRY LIVING!
JUST 40 MINUTES TO PADUCAH
& ONLY 30 MINUTES TO CADIZ OR
MURRAY, KY

30 +/- Acres
OFFERED IN 2 TRACTS



TRACT 1: 16.99+/- ACRES & HOUSE

HOME FEATURES





2,000 SQ FT 2 BEDROOM 2 BATHROOM

EMBRACE THE CHARM OF THIS 2-BEDROOM, 2-BATHROOM HOMESTEAD SPANNING 2,000 SQ FT. FEATURING AN ATTACHED CARPORT FOR CONVENIENCE AND A DETACHED SHOP. DELIGHT IN THE SPLENDOR OF COUNTRY VIEWS.



TRACT 2: 13.6 +/- ACRES & POND

TRACT 2: 13.6 +/- ACRES, INCLUDING A 1.5-ACRE POND & LIVESTOCK BARN. ENJOY THE ADDED BENEFIT OF COUNTY WATER ACCESS

PREVIEW DAY: MARCH 30 FROM 12PM-2PM

PRE-BIDDING BEGINS APRIL 5TH

CONTACT THE AUCTIONEER



Ben Bolinger

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In Cooperation With



Ben Payne

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Ben Bolinger, Principal Broker & Auctioneer
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110 John Rives Road, Hopkinsville, KY 42240

April is Homeschool Month at the Woodlands Nature Station

Calling all homeschool families! The Friends of Land Between the Lakes invites you to use the outdoors as your classroom this April at the Woodlands Nature Station. All month long, homes-

choolers can pick up a Nature Discovery Activity Booklet and complete activities to earn a Nature Discovery patch! Friday, April 26th, 2024 is Homeschool Day, which will be jam-packed with

hands-on STEAM activities about earth science! All activities are included with Nature Station admission, which is \$7 for ages 16 and up and FREE for ages 15 and under.





12 OAKS BAPTIST CHURCH

CLASSICS

CAR SHOW

April 27th

10 AM-2 PM

FREE ADMISSION

FREE FOOD

CAR CORRAL AVAILABLE

ALL CARS, TRUCKS, STREET RODS, RAT RODS & CUSTOMS ARE WELCOME



NO RAIN OUT DATE

TROPHIES AWARDED AT 1:00 P.M.

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MAY 4, 2024 • 1:00 PM

REGISTRATION STARTS AT 12:00

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CLASSES

1. Lead Line (Age 6 & under)	7. Equitation (Any Tack, Walk, Fav Gait & Lope/Canter, No Pattern)	13. Bareback Ride-A-Buck
2. Beginner One (Age 10 & under, assisted, walk & favorite gait)	8. English Pleasure (English Tack, Walk, Fav Gait, Canter)	14. Youth Flags
3. Showmanship (In hand, horse and exhibitor judged equally)	9. Ranch Pleasure (May include extended trot and lope)	15. Open Flags
4. Beginner Two (Any Age, No assistance, Walk & Fav gait)	10. Stick Horse (Derby Day! It's a Horse Race! Jr & Sr)	16. Rescue Race
5. Western Pleasure (Western Tack, Walk, Trot & Lope)	11. Trail	17. Youth Poles
6. Gaited Pleasure (Any Tack, Walk & Fav Gait, Gait not to be trot)	12. No Horse Trail	18. Open Poles
		19. Beginner Barrels (No Lope, May Be Assisted)
		20. Youth Barrels
		21. Open Barrels
		22. One Barrel Speed

ENTRY FEES

Any 10 Classes - \$50

Any Single Class - \$7

Stick Horse & No Horse Trail - Free

For more information call
270.704.1721

TRIGG COUNTY RECREATIONAL COMPLEX • 303 COMPLEX RD • CADIZ, KY 42211

LG&E and KU install Kentucky's first utility wind turbine

LOUISVILLE — It's not often that Louisville Gas and Electric Company and Kentucky Utilities Company wish for a windy forecast, but that all changed when the utilities and their parent company, PPL Corporation, installed Kentucky's first utility wind turbine in Mercer County.

The 165-foot-tall wind turbine is part of the company's growing Renewable Integration Research Facility at the E.W. Brown Generating Station. Data collected from the turbine will be important in determining the potential for wind to contribute to renewable energy production in Kentucky.

"Research and development are key to reducing carbon emissions in the years to come, and studying wind energy is a natural progression in our all-of-the-above research strategy," said LG&E and KU President John R. Crockett III. "We are evaluating a number of energy resources to help us understand integration of a variety of generation

Wind turbine part of companies' growing research and development initiatives

sources while maintaining affordability and reliability for our customers. While this wind turbine is not expected to produce a large amount of energy, it will provide insight and data that will help us analyze our options for the future."

PPL, in conjunction with LG&E and KU and its other subsidiaries, have more than 150 active research projects underway with more than \$20 million in federal funding. The projects, many of which are based in Kentucky and in partnership with the University of Kentucky, EPRI and other industry organizations, include advanced tracking solar, battery energy storage, microgrid, green hydrogen, point source carbon capture, direct air capture and now wind.

Studying the integration of wind energy is important because it complements solar power which is best in the summer and during

the day. Wind, on the other hand, provides more power in the winter and at night.

LG&E and KU's wind turbine is the latest research project at the site which is also home to Kentucky's largest lithium-ion battery storage system, a microgrid and state-of-the-art 360-degree tracking solar panels. Data collected at the site will be shared with the research partners at the University of Kentucky, National Laboratories, EPRI and the public, similar to how the utilities already share live data from their solar and hydro dashboards.

When the wind is blowing and the turbine is producing full power, it will be able to power up to 90 average Kentucky homes. Over the course of a year, the wind turbine is expected to produce 193 megawatt-hours, which is enough energy to power 16 average Kentucky homes for a year.

ABSOLUTE LAND AUCTION

Farm Location: KY Highway 802, Wickliffe, KY 42087

SATURDAY - April 13th, 2024 @ 10:00 AM

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AUCTION ONSITE

503 Sheffield Road, Hopkinsville, Kentucky
Tuesday, April 23rd at 12:00 PM CST



Key Features:

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- 3.5 BATH
- 1.2 ACRES

- Beautiful, Well Maintained Brick Home
- Formal & Informal Living Spaces
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Preview Day: Friday April 12th 4p-6p CONTACT THE AUCTIONEER:
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Online only! Cornersville TN Living Estate

Auction ends April 18, 2024



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Livestock Trailers: 20' gooseneck covered w/middle gate -good usable condition, 16' equipment trailer -good usable condition and 2 horse covered trailer .

Autos: Kia Sol 5speed, 1996 Ford extended cab pickup with 302 motors, 2000 Chevy 3500 1 owner truck w/gooseneck hitch- All vehicles are running and operable

Assortment of Firearms: (selling by State of TN Regulations w/background check and pick up at Big Boss Pawn in Pulaski TN)

Nice Yanmar Rock hammer (great shape) coral panels, catch pin panels, Gates, Horse Tack, Feed troughs, feeders, cutters, disc, turning plow, Suzuki Motorcycle, Generator, Shop smith, Motorcycle side car, Wooden spools, concrete mixer, Hand guns, Ammo, Like new Log splitter, Nice 500lb cap. Lift 50 gallon fuel tank, Tillers, hay ring, (2) Push trimmers, 48" sliding doors, 9" Table-saw, and many more items to be listed No consignments this is a complete farm reduction dispersal for one family.

Pick Up Friday 10-2PM Only - Sunday 1PM-3PM invoices must be paid by Friday

Terms: 10% buyers premium . Payment due at the completion of the auction via invoice to your inbox OR payment in form of cash, certified Check, debit or credit at pick up. All inspections to be done prior to bidding. Preview by appt only.



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Principal Auctioneer @ (256) 874-3786
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INSPIRATION

VICTORIOUS *Living* ...in a troubled world

How Samson are we?

Teresa LeNeave

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Preachers usually talk about Samson in the context of immorality, emphasizing his love for women and all the problems that followed because of his weakness. I think there is much more to Samson than his weakness for women.

Reading about the life of Samson in Judges 14-16, one thing that is immediately apparent is that he is full of himself. Though he was set apart from birth as a Nazarite, he seems to not much care for the title and he is found constantly breaking the Nazarite rules. He's a rebel with a cause but he does some foolish and strange things along the way.

There were some hard-fast rules for a Nazarite: No alcohol or even eating a grape; no cutting

his hair and no touching anything that was dead or unclean. (Numbers 6). You don't hear much preaching about his anger, but I think Samson had some anger issues. For sure, he was the kind of person who held grudges and was determined to "pay back" anyone who harmed him. Even in death, that was his last request of God. He said, "Let me get revenge for my two eyes."

We're not given much detail on his early life but his first recorded action tells us a whole lot about the young man, Samson. He went to the town of Timnah where he saw a woman he wanted for his wife. He comes home and DEMANDS that his parents get her for him against their better judgement. He would not relent



until his parents did just as he asked.

On his way to meet the woman, he kills a lion (remember he is not allowed to touch a dead body)?

Sometime later, he walks the same road and turns away to

check out the lion's carcass. He sees a swarm of bees and digs out the honey to eat. Oops, there he is touching something dead again.

He has the same problem a lot of us have. Throughout his story I see him

as an impatient man with an entitlement attitude. Pride causes him to do some crazy things. He finds joy in taunting people just to agitate them. It doesn't bother him to go against God's rules. He enjoys holding grudges and "paying people back". He's clever and always has a plan but its usually detrimental to his own life. Samson thought he needed no one. He was a one-man army killing as many as 1,000 men by himself using just the jawbone of a donkey. (Here he is touching something dead again).

He isn't allowed to touch anything unclean but he repeatedly breaks the rules. In fact, he breaks a lot of rules. He consistently picks the wrong women. He always thinks he can out smart his adversaries and does not learn from his mis-

takes. In spite of his outrageous pranks and revengeful acts, he fares pretty good until Delilah gets the best of him and convinces him to tell her the secret of his great strength.

Three times she tricks him. Three times, he plays the game with her. When he finally relents and tells the truth, immediately, they cut his hair, gouge his eyes out, bind him in shackles and put him to forced labor.

If you haven't read the story of Samson, please do so. It is so interesting. He's always planning a way to get even, but it never serves him well. In the end, blind, with just a little strength as his hair begins to grow back, we find him still holding a grudge, determined to pay back his enemies. My question is: how Samson are we?

Control your thoughts or they will control you

We all know the feeling of having something on our minds that we have a difficult time letting go of. Similar to an image or a catchy song that gets stuck in our head, commonly called an earworm, negative thoughts can be very difficult to remove and the more we replay them the more familiar they become. Rumination is a psychological term for rehashing thoughts over and over. While it can simply mean being stuck in a mental cycle, that may not always be necessarily bad, the psychological term leans toward pessimistic thinking and feelings of what could have been. Some might worry incessantly about a conversation that embarrassed them, or

having regret about a decision, and then live in misery over all the things they should have said or done.

The past is not the only area where rumination can try to distract us and cause depression. We can also worry excessively about what could happen in the future. To say the least, such thinking is not only very unpleasant and a joy thief, but it can generally become self-destructive if we do not learn how to control it. One psychologist described it as a turntable where the stylus runs in the groove of the record. Psychological rumination causes these memory grooves to get deeper and deeper, so it becomes more difficult to escape

from the rut. What's more, if we submit to the temptation of ruminating, we may become more upset than we were originally because the issue now becomes magnified or even exaggerated in our minds. We've all heard the common saying, "It's all in your head" which helps identify that much of our worries are from our inability to control our thoughts.

We know that anxiety, fear, and sadness can haunt the mind and influence how we live and who we are. In the realm of good and evil, the Bible talks about an evil spiritual enemy whose mission is to deceive and persuade us to listen to his voice. He realizes the mind is the battlefield



where he can attack those who are mentally and emotionally vulnerable to external influences. It's no secret that if he is given access to our secret place of thoughts, he will prepare his ambush and release an assault of spiritual oppression upon us to distract and manipulate us into a

destructive pattern of condemnation and pity. This is why we must build a fortress to guard our hearts and minds from his lies.

Of course, we all have memories we wish we could have a second chance to make better, along with perceptions and fears

that desire to paralyze us with dread. But if we spend too much time dwelling on spilled milk that we cannot change, our most significant regret will be that we could have used this energy to empower and enhance our future. Can you

See **HOLLAND** page B13

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By Gary Miller
gary@outdoortruths.org

The turkeys are gobbling the woods down. Their call is one of the most recognizable in all of nature. Whether one is a turkey hunter or not, everyone knows this familiar sound. And even though a tom turkey will gobble the entire year, he is especial-

ly vocal during the spring mating season. The turkey is an amazing bird. Just a few years ago there were so few, most hunters turned into fishermen during the spring. Now, the turkey is in every state except Alaska. And not only are they surviving, they are thriving. The reintroduction of the turkey has been a

great success story for fish and game commissions all over the country. There has been a concerted effort between them, some conservation groups like the NWTF, and the turkey themselves. Yes, the turkey has really done its part in this process as well. They have adapted. It seems no matter what type of terrain

the turkey is placed in, it adapts. It seems to have the ability to accept its environment and make it its own. It doesn't care if it is placed in the mountains or the flatlands, in the cold temperature or hot. It is going to not only endure its situation; it is going to enjoy it. That's how I want to be as a follower of Christ. I want to be

an "enjoying" Christian and not just an "enduring" one. And it's really not up to anyone or anything but me. All my life, my circumstances have changed. I have noticed as I have gotten older that nothing stays the same. It seems just as I get a grasp on some new thing, it is replaced by a newer thing. I could grumble, complain, long for the good ole days, refuse to change, and endure the rest of my life as a cantankerous old man. Or I can choose to relish the opportunity to learn, be thankful for the opportunity to live in this new arena, adapt, and enjoy every minute I am blessed to be here. That is

an easy decision for me. I hope it will be for you. But if you choose the former, don't be surprised if I offer you a kind word of hello, and then promptly back away. I'm not going to stay around long. I'd much rather hang with a flock of turkeys that are enjoying life, than stay around a grumbling group of people that are not.

Gary Miller has written Outdoor Truths articles for 21 years. He has also written five books which include compilations of his articles and a father/son devotional. He also speaks at wild-game dinners and men's events for churches and associations.



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HOLLAND from page B12

see what the enemy is trying to do? So, how can we develop a strategy to battle against these negative deceptions that are trying to steal, kill, and destroy? We can research and learn the reality of spiritual warfare and this will reveal what we are

facing and help us develop an awareness of not only the tactics of the dark side but the glories of God's presence. If we can grow stronger in spiritual discernment and comprehend where these dark thoughts are coming from, we can rebuke Satan in the Name of Jesus and pray and ask God for His help.

Revelation chapter 12 gives us insight into this dangerous entity called the accuser of the brethren, as the buttons of our vulnerable emotional areas will continually be his target until we learn how to resist him. Ignoring our accountability to control our thoughts and feelings will allow them to dictate

our every idea and decision. We must decide if we are tired of being controlled. Emotions were never meant to lead us, we are created to be led by the voice of God, and it encourages us to know that we can overcome the devil by the blood of the Lamb, and by the word of our testimony. It's also very critical to forgive ourselves. We can ask others to forgive us for our failures, but God does not condemn us and wants to heal and restore our souls. Today we have a wonderful opportunity to take all we have learned and become more determined to enjoy the abundant life Jesus Christ has provided as we accomplish God's will.

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TRIBUTE MONUMENTS

Changes that could arise from the “silver tsunami”

A report from the International Monetary Fund in the summer of 2023 indicated that a new challenge awaits the world in the coming years. The global population increased by one billion people between 2010 and 2022. That remarkable increase saw the world surpass the eight billion people mark in November of 2022.

Despite a sharp increase in the global population in such a short period of time, the IMF asserts that the population boom is not the most formidable demographic challenge facing the world. The IMF defines population aging as the most formidable challenge. Widely referred to as the “silver tsunami,” a term credited to the AARP, the increase in the number of individuals age 65 and older could lead to some unique changes in countries across the globe.

• Increased recreation spending: Sixty-five has traditionally been viewed as retirement age, and that remains an unofficial bar for individuals living in countries like the United States that have increased their official retirement age.



Though an uptick in the aging population is often framed in terms of the challenges countries will face, that increase also could present some opportunities. For example, a recent AARP Longevity Economy Outlook report noted that people 50 and older account for the most spending on recreation and culture of any demographic. That could prove beneficial to businesses and regions that cater to consumers interested in recreation.

• Employment opportunities: The AARP also noted the role the 50 and older population plays in supporting jobs. In 2020, the demographic of people 50 and older supported roughly one-third of the world’s jobs and generated \$23 trillion in labor income with its spending on goods and services. Estimates from the AARP indicate that individuals age 50 and older will support 1.5

billion jobs across the globe by 2050. The labor income impact by then will more than double to \$53 billion.

• Employment challenges: Though the silver tsunami could help to maintain existing jobs and create plenty of new ones, employers might find it difficult to fill those positions. As more of the global population reaches retirement age, it bears noting that more workers will retire. Deloitte and the Manufacturing Institute note that the manufacturing sector will need to fill 2.5 million job openings related to retirements between 2020 and 2030. That could prove a sizable challenge, as the aging population is increasing at a time when the young population is decreasing.

The aging population is increasing, which could lead to a number of opportunities and challenges in the decades to come.

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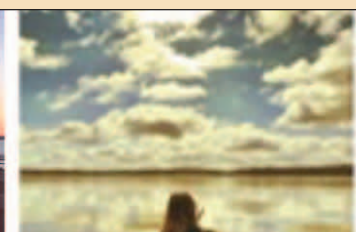
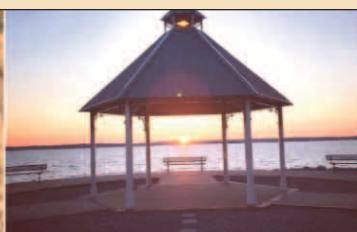
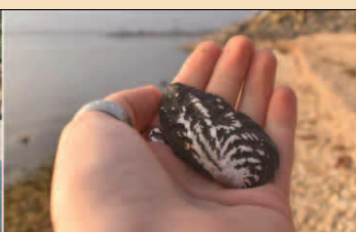
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37 ACRES, Beautiful Building Site. 5050 Metropolis Lake Rd, W. Paducah. \$10,000 per acre. Call 270-210-4666 TFN

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Might divide into 2 parcels. Call owner 314-239-6676.

LARGE KY LAKE LOT Mature trees, utilities, restricted to new construction or double wide. \$24,900. 270-970-8000 (tfn)

HOUSE FOR SALE 1419 Friedman Lane, 3 bedrooms, dining room, living room, sitting room, sunroom and a 2 car detached garage all on 1.08 acres. \$225,000 **Jeri Duong 270-442-9572**

294 Orchard Lane, Upland. 3 BR 1 Bath, 1 Car Garage converted to storage bonus room. LOTS OF NEW! \$74,900. Paul Brown 765-573-5039 or 765-506-2236.

HUGHES RE/MAX REALTY GROUP 270 519-7889. (tfn)

FOR SALE REDUCED PRICE- Single family home in Sedalia. 3 BR, 2 Bath, sits on 2 acres. Asking \$70,000 or BEST OFFER. For more info contact Al Lynn @ 731-442-0366 (tfn)

Home for Sale -Exciting Lowertown Home for sale in the historic lower-town section of Paducah, KY. 505 North 5th St. 3/2. 1,548 sq. ft. Original hardwood floors, large garage/ workshop/ studio with half bath. A double lot by owner. (972)816-8766 \$140,000 (tfn)

Beautifully and totally renovated condo in exciting Lower Town, Paducah, KY. Stainless steel and granite kitchen, original wood floors, two master suites with attached baths. Carport with storage. 2/3 -2,140 sq. ft. \$247,500. (972) 816-8766 (tfn)

New 2 BR home on 200 Acres 7 mi. from West Baden dome, 24 mi. from Crane on HWY 150. City water, new septic. Immediate occupancy. \$450,000. 812-385-0012. (tfn)

Realtors Welcome at 3% of Sale. New Construction, Conveniently located near I-24 in Metropolis, IL. 3 Bedrooms, Office, 2-Baths / whirlpool tub in master, kitchen features cherry cabinets, stainless steel appliances / breakfast bar, screened-in porch over-looking

woods, corner lot - with sprinkler system and 2 car garage. 2 Dove Ln. 618-524-1130, 618-771-0541

Paducah lot - .41 acre lot located in an R-4 zone. Owner originally had plans for a condo development. This property can be used for high density residential and office buildings. Call Ron Hughes RE/MAX Realty Group 270-519-7898 for complete details. (tfn)

Beautiful 4-5 bdrm 3 full bath home boasting over 3300 living sq ft. This property is a must see. It features an open floor plan, stainless appliances, with gas cooktop in kitchen. Bonus office downstairs, loft sitting area/game room, master suite on main level. Tankless water heater, storm shelter, lots of storage, natural gas, and city water. Shop area measures 70'x60' with hot and cold water, heat, three welder hookups plumbed for air, double insulated, two 14'x14' overhead garage doors w/remotes. All Of this on 2+ acres. Call Ron Hughes RE/MAX Realty Group 270-519-7898 for complete details.

Home, Business or Both, your call. Infinite possibilities for any business that would work for this property. If you are looking for a great location or a business where you leave your house and walk into your business.

Then this is the place. Traffic count over 10,000 vehicles pass by this location according to 2022 Kentucky Transportation Cabinet. You are getting a 4 bedroom, 3 bath, 2 acre property along with the attached 60 x 70 garage/workshop, warehouse with hot and cold water, heat, three welder hookups plumbed for

Cont. B9 Cont. from B4 air, double insulated, two 14'x14' overhead garage doors w/remotes, as well as large sliding door on north side of building. Income from billboard lease not owned by seller. So much more. Call Ron Hughes RE/MAX Realty Group 270-519-7898 for complete details.

FOR RENT - DWELLING

FOR RENT: 2, 3 & 4 Bedroom Houses. No Pets. No Smoking. Houses located in Ballard Co. Call 270-876-7927 - between 8-9 pm.

Houses and apartments for rent in Murray, call 270-753-4109, lease and deposit required.

SERVICES

Wanting to buy Livingston Central High School Annual Books 1981, 1985, 1993 **Call 270-252-6631**

Retired police office and veteran. Living in Eddyville. Seeking hunting rights. Will respect land and will share game. 270-388-4992

Please help us restore and maintain the historic Smithland Cemetery (1810), tax deductible, Smithland Cemetery Fund, Smithland City Hall, PO Box 287, 310 Wilson Ave., Smithland, KY 42081 (tfn)

HELP WANTED

Farm Help Wanted (fulltime) please contact Gary McElya at 270-748-5205. **WANTED** Someone to work on a grandfather clock. Call 270-442-0945

Looking for Farm employment, good wages, benefits, CDL not required. Call Gary at 270-748-5205.

CDL Drivers or will train flatbed operation cross-country. Competitive pay, late model equipment. Call Walter Flowers Trucking - Springville, TN 731-336-0339

MISC FOR SALE:

LAZY BOY Recliner \$150, Treadmill \$50, Antique Electric Sewing Machine \$30, Wallpaper Streamer \$20, Exercise Bike, \$200 (New \$1100) 270-2106686

Used honeybee equipment; hive bodies, supers, frames, new and used 40 gal storage tank, extractor and other items. 270-554-3756

Appliances for sale - Whirlpool Refrigerator 8 years old w/freezer on bot-

tom pullout \$175. Whirlpool Stove gas top w/self cleaning 10 years old \$60. Maytag Dryer 10 years old works very well \$60. 270-876-7467 or 270-992-0219 if no answer leave a message.

Estate Sale Thursday, Feb. 8: 10:30 am - 5 pm. Friday, Feb. 9 & Saturday, Feb. 10: 9 am - 5 pm. Sunday, Feb. 11: 12 pm - 4 pm. 88 Sexton Lane, Gilbertsville, KY 42044. 731-882-2801

Two mausoleum crypts at Woodlawn Memorial Garden. Paducah, KY. Section A inside main Chapel. Heart level. Side by side. \$13,900 OBO for both with deed. 270-559-2690

For sale at Maplelawn Cemetery. 6 adjoining grave plots. \$2,400. Call 270-519-5241

Ladies LAZY Boy Recliner \$75. Early American 1967 Sears Model Radio Plays 33, 78 & 45s \$200. **Exercise Bike** purchased at Bike World 4,000 dual action upright exercise bike \$400. Call 270-210-6686.

Zero Turn Mower, Snapper Pro. Antique Table. Approx. 6 ft long. 2008 Prius with new battery, \$5000 OBO. 270-898-1606.

Collectibles, small antiques, many blue items. More info, photos - text or phone 270-210-7012. Fair prices or make offer.

2021 Tracker Pro Team Bass Boat. Like new. 175 HP Mercery (under warranty). Cover included. Metallic grey and black. Only 80 hours. \$22,500. Call 270-559-9808 for more info.

John Deere 72" belly mower. Excellent condition \$500 270-519-3315.

3 beautiful comforters. Queen and Kings with accessories. Like new. \$100 each. 270-619-1923 Ann Reasons Madisonville KY

For Sale: In ground pool slide 9 1/2 ft long and 8 ft tall. (goes into the concrete slide only only \$300), ladder, hand rail, vacuum hoses and more. Call 270-556-9586 leave

message or text.

ESTATE SALE 3037 Little Bear Hwy. Benton, KY Draffenville area. Pharmaceutical collection, garage full of tools, nice glassware and more. Thursday 1 - 6, Fri. & Sat. 9 - 5 Sunday 12 - 4. Call 731-882-2801.

Golf balls for sale. Top brand names. Many like new. Different prices. 270-994-5777

8000 BTU air conditioner for sale. Used 1 week. \$235. Located in Lone Oak, KY. 803-306-2932 (tfn)

2008 PRIUS for sale - WON'T Run. Will take BEST offer 270-881-8821.

2 GRAVE PLOTS, complete. In Woodlawn Memorial Gardens, Good Shepherd area. \$3,800. 270-201-8602 (tfn)

FOR SALE One Grave Lot at Maplelawn Cemetery. \$800.00 Call 270-558-3414 (tfn)

Used stand up stainless steel cooler on rollers. All outside measurements are 76" tall x 78" wide and 33" deep. \$1,500 270-744-6646.

Cooler can be picked up in Kevil, KY

27 ft Car Hauler Cargo Trailer. Used once, 2-7,000 lb axels, 4,000 lb rear door ramp, Call for extras 303-775-0310, \$11,300 (tfn)

BRIGGS & STRATTON 6250 Watts Portable Generator; Now \$600 New in Feb, used once: 3 year warranty; comes with wire hook up. Save \$600. Call 270-623-6077. Mayfield area.

Medical Equipment For Sale Lift (500 lb capacity) paid \$3,500, asking \$1,500; Rollator Chair \$50; Table for bedside \$20; potty chair \$5; computer, desk, chair with cabinet \$150 or best offer. 270-703-8681 or 270-335-3601

Walker / Transport chair with seat & storage. Has a foot rest. Whole unit folds up to put in a vehicle. Used only twice. Asking \$75. Text: 270-210-7041.

ONE GRAVE SPACE Maplelawn Cemetery. Regular price \$1,595. Sale price \$1,200. 270-217-

CLASSIFIEDS

2424 or 270-564-7309.

Large lumber tarps - New \$200 each. Gas grill stainless steel \$75. Spray tank with sprayer for four-wheeler \$125. Call 270-916-0204. (tfn)

Wooden table with 5 chairs \$225. Wooden table with 6 chairs \$225. Both sets good condition. Call 270-916-0204. (tfn)

WINDOW AIR CONDITIONER 24,000 BTU With remote. Only used about 2 months. Save about 25% over 2022 prices. Call 270-201-8852 for more info or call 270-210-5758.

Autos for Sales

FORD C-Max 2016, 71,000 miles hybrid, Call 270-898-1606 for information.

1991 Oldsmobile 88 Royale. 4-door sedan,

130k miles. Lots of repairs done on car, new battery, recent control repair worth \$389. Lifetime warranty on brakes \$1,800 call Anna Rose. 270-623-8514. tfn

White 2014 Dodge Charger R/T. 131,091 miles. \$16,950.00 with \$4,000.00 down. Call Heartland Motors 270-395-9100 or come by 4841 US HWY 62 Calvert City, Ky 42029. tfn

1989 Ford Mustang Convertible. Fox body, NEW Interior, 69,000 miles, Excellent condition, \$18,500, serious inquiries only 270-625-1015.

Trucks for Sales

2013 Black Ford F150. 194,685 miles. \$16,450.00 with \$4,000.00 down. Call Heartland Motors 270-

395-9100 or come by 4841 US HWY 62 Calvert City, Ky 42029.

GMC Denali 2014 Loaded, white, with tan leather, 6 speed with auto transmission, towing package, clean and in excellent condition, 151,000 miles Call 270-210-5432.

RV & CAMPERERS

For Sale 2019 40.7 ft. Forest River Sierra 379 LOK fifth wheel, 6 slideouts, Immaculate condition w/ many luxury extras. Ford F-350 Platinum Truck, 1,900 miles, all leather, fully loaded. Sold together, asking \$142,000 Call 270-210-0851 for more details.

2016 5th wheel Highland Ridge, open range 45 ft on the water at Southern Comfort lot D8

with 5 slide outs, bunk house, 1 1/2 bath, 2 BR, outside kitchen, automotive level system, sleeps eight, with satellite not smoking; \$35,000 firm. 270-210-5588 (tfn)

2018 JAYCO EAGLE Bought new in Dec. '18 41" 5th Wheel. Top of the line, BUNK-HOUSE. 4 slide outs, washer & dryer, outside kitchen, Pop up 4' x 4' deck, Fireplace, Solar Setup, Two Awnings, Move-In Ready! Selling with all accessories (Surge protector, hookups, etc.) Look & make an offer. KBB value \$72K Asking **\$55,000** 270-869-4604

2016 5th wheel Highland Ridge, open range 45 ft on the water at Southern Comfort lot D8 with 5 slide outs, bunk house, 1 1/2 bath, 2 BR, outside kitchen,

automotive level system, sleeps eight, with satellite not smoking; \$35,000 firm. 270-210-5588 (tfn)

2007 34' Copper Canyon Travel Trailer Indian Point RV park in Eddyville, Ky. Sleeps 6, heat and air, large wrap around deck, gas grill, 4 x 5 storage unit, large table, chairs, small refrigerator freezer, 8 x 8 storage shed with electric / lighting, health and age forces sacrifice \$18,500 obo. Call 615-822-3584 or 954-778-9737 (tfn)

MOTORCYCLES

2016 Harley Davidson Street 750, One Owner 5,400 miles Garage kept, asking \$4,200. Contact 270-564-3340.

2010 Harley Heritage -low

miles. Garage kept -Beautiful bike. \$10,300 270-556-1877 (tfn)

TRACTORS

826 Farmall International New German Diesel motor, block, pistons, sleeve, new head; 2 hours on the tractor. New tires, front and back with an extra new front tire and wheel.

COMBINES

1996 8570 MF Combine Big motor, 30' GH, SCH Knife & drive, Maurer bin ext, flotation rears, second owner. C-Tech maintained. Approx. 3,000 hrs \$50,000 OBO. 419-615-0950 Ottawa, OH.

FARM EQUIPMENT

Galvanized Culver Pipe, 5 years old, no rust, 4ft x 24ft, \$1,300. Call 270-970-1638.

For Sale - 3.2 Prong Hay Fork \$150; 3.314 John Deere breaking plow \$150; B275 Diesel International project tractor \$1,250; 3.2 row cultivator \$250. Call 731-487-7062.

JOHN DEERE HEADER 1 - 6 Row John Deere 30" Corn Header w/Poly Snout. \$4,000.00. Call 270-554-3427.

John Deere 25 ft. 630 Disk, field ready. New blades for front, not on. Phone 270-554-3427.

JD 7720, 4WD 30.5x32 tires, long auger, \$12,000 OBO. Call 859-608-4942 (tfn)

KillBros Seed Tender w/ plastic auger \$2,000, 1985 M & W 375 Wagon \$2,200 309-275-0524. (tfn)

Case 950 International solid row crop 6-11, 6-30 inch or 15 inch

rows. \$4750. Call 217-532-9408 (tfn)

2004 Kinze 3600 16-32R, Mechanical drive, Asking \$38,000. Call (812) 216-6218. Greensburg, IN.

New Metal flatbeds 7" wide x 8' long \$1,860. 8' wide x 8'6" long \$1,875. 8" wide x 10' long \$1,985. (812) 366-3540 Corydon, IN.

PETS

Corgi Puppies for sale. Shots and wormed 270-436-2938 or 270-293-4532.

Looking for AKC Stud dog. Doberman. Call 270-349-2264.

Beautiful Persian female kittens 10 weeks old CFA Registered. Vet checked. First shots. \$700 270-554-5748.

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NOW HIRING FULL TIME UTILITY WORKER/TECHNICIAN
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 Employees will report to the Public Works Director/Supervisor and the City Board of Commissioners. Work-based training is available with time, expenses, licensing and/or certification paid for by the city. Pay will be adjusted upon completion of training so long as a certification and/or license is acquired.
Job requirements include but are not limited to: a valid driver's license and the ability to maintain a satisfactory driving record, high school diploma or equivalent (GED), availability to occasionally work extended hours, weekends, and/or holidays, basic knowledge of water and wastewater operations, knowledge or at least comfortability in mechanical operations, punctuality, selfmotivation, positive attitude, dependability, and the ability to obtain and maintain water treatment and wastewater certification within 1 year of hire date beginning after the probationary period. Must be open to covering the water and wastewater needs and should be able to be on call for emergencies at times. Must be willing to occasionally work over since some water and wastewater needs arise at unexpected and unpredictable times. Since this is a maintenance position, basic knowledge/experience is preferred but not required as the Public Works technician troubleshoots and works with water distribution and wastewater collection regularly. Mechanical knowledge is a plus. Must have problem solving abilities. Ability to identify issues and take initiative to address them. As rebuilding pumps and tearing apart valves is a typical occurrence, someone who is comfortable in a shop setting would be beneficial. The ideal candidate will need to **demonstrate flexibility and the ability to adapt to new situations and challenges.** Effective communication is essential for collaboration, problem solving, and client interactions. Having the ability to take orders from supervisors is key.
 Full job descriptions and job applications are available at **City Hall in LaCenter**, or you can email for job description then email your resume: City Hall is located at 333 Broadway in LaCenter, phone number is 270-665-5162.
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EVENTS BY COUNTY

BALLARD COUNTY

April 13
Bandana Day at Bandana, Parade starts at 10am

April 13
Bandana Day! Parade begins at 10 am in Bandana, Ky. Everyone is welcome for entertainment, Food vendors and Sale Vendors. Bouncy houses, Pet Parade for kids, Silent Auction. All proceeds go to Beautification of Bandana.

April 13
Bandana Day at Bandana, Parade starts at 10am

April 27
The Pink Moon fundraiser event will be held again this year from 8 am to 2 pm on Saturday, April 27 at Wildflowers & Wildwings 210 Broadway in LaCenter. Hosted by "Slam's Outreach" There will be food, silent auction, door prizes and more. For more info call 270-564-2678.

Cemetery Restoration 2024 Season kick off date April 27th., Saturday, 8 a.m until Noon with a delicious lunch, Cane Creek Cemetery, Slater Road (Hwy 1290), Wickliffe. Volunteers needed to help clean-up. bettyjohnsonky@yahoo.com, or 270 210 3538

May 4

The 20 Year Anniversary Celebration of the WWII DC Trip for the Veterans. The Anniversary celebration will be held at the Kentucky Veterans and Patriot Museum in Wickliffe, Ky. Everyone

is welcome! For more info call Sandy at 270-210-2452.

May 10

Ballard Chamber Golf Scramble at Ballard County Country Club 9am

CARLISLE COUNTY

April 23
The River Region Professional Women's Club will meet at Carlisle County Extension Office 65 John Roberts Dr, Bardwell, KY 42023 April 23rd 5:30 PM: Networking 6:00 PM: Dinner and Meeting. Please RSVP by 4/19.

Senior Citizens Board Meeting 9 a.m., Bardwell.

Carlisle County Museum and Library Board meetings are on the third Tuesday each month at 5 p.m., at the CCML building in Bardwell. The public is invited to attend.

Carlisle County Extension Office Tabletop Farming Club is a great way to show off you 5- 14 year old's interest in model miniature farms, while also fostering new friendships and a sense of community. If your child is interested in this please call our office at 270-628-5458.

4-H Camp Sign-up: Call the Carlisle County Extension Office for more information: 270-628-5458. Camp dates are May 27-30, 2024.

MAYFIELD GRAVES COUNTY

April 19

The Friends of the Graves County Public Library will be having their Annual Spring

Book Sale on 9 am to 7 pm and April 20, 2024 from 9 am to 3pm.

The sale will be held at the library at 601 N. 17 th St. in Mayfield.

Nearly new hardbacks - \$2.00
Library hardback discards - \$1.00
Paperbacks – 50¢
Young children's books – 25¢
DVDs and books on CD - \$1.00
Music CDs – 50¢
Special edition and autographed books will be priced individually.

June 6-8
Wingo Lions Club The 92nd Anniversary of WINGO TRADE DAY will be June 6th, 7th, and 8th, 2024

April 13

The Rodeo, Mayfield-Graves Co. Fairgrounds
April 15, Mayfield Trade Day, Mayfield-Graves Co. Fairgrounds, 5 a.m.

April 15, Leaves & Buds & Stems, Oh My! Botany 101, GC. Extension Office, 5:30 p.m.

April 16, Tween Reading Club, GCPL, 3:30 p.m.

April 16, Home Organization with Morgan Carter, Graves Co. Extension Office, 5:30 p.m.

April 18, Story Hour, GCPL, 10 a.m.

April 18, Greeting Card Class, Graves Co Extension Office, 5:30 p.m.

Kiwanis Club of Mayfield hosts 17th Annual BAM Kiwanis Ride: July 4, 2024 at Mayfield High School, 700 Douthitt St. There are four routes: 11, 23, 32 and 60 Mile rides outside of the City and back. All routes are rolling hills to steep hills, some are chal-

lenging. All rest stops open and fully stocked, SAG service, 8 a.m. Start time. Pre-registration is \$30, day of the event registration is \$35.

Proceeds will help the Kiwanis Club of Mayfield's programs that enrich children's lives in our community. Get registration details at Facebook BAM Kiwanis Ride. You can send your registration check and completed form to Kiwanis Club of Mayfield,

P.O. Box 496, Mayfield, KY, 42066.

HOPKINS COUNTY

April 27
From 10 am to 1 pm Spring Shred Day at Parkway Plaza Mall. Limit 5 boxes per person. 401 Madison Square Dr, Madisonville, KY

LIVINGSTON COUNTY

April 13

Community Dance on Sat April 13th 6:00 pm - 9:00 pm. Grand Rivers Community Center, 155 W Cumberland Ave, Grand Rivers, KY 42045, US

April 20

Salem Masonic Lodge No. 81 Monthly Breakfast. 7-10 am, \$6, All You Can Eat All are welcome. Salem Masonic Lodge, 237 W. Main St, Salem, KY

April 24

Grand Rivers Quilt Show

April 27 & 28
Bluegrass, Brew, & BBQ Festival

MARSHALL COUNTY

June 8
August 24, and November 9, 2024
"Line Dancing at the Lake"

Lake Barkley State Resort Park Conference Center 6:00 - 9:00 p.m.

Park fund-raiser hosted by Friends of Lake Barkley SRP \$12/person; \$20/couple

Tickets are available in advance or at the door

For information, call 270-873-9413

MARSHALL COUNTY

LAKE BARKLEY CHAMBER KICKBALL TOURNAMENT FUNDRASIER KICKIN' IT WITH THE CHAMBER As We Raise Money To Provide A Local High School Senior With A Trade Scholarship

Saturday April 20, 2024 Begins 9:00am Location: Lee S Jones Youth Baseball Fields Registration: lakebarkleychamber.com or call (270)388_4769

Team \$100- up to 12 players \$10 Individual player REGISTRATION IS OPEN TO EVERYONE

April 13-15

The Spongebob Musical, MCHS

April 13

Calvert City Pancake Breakfast, Calvert City Elementary, 7 a.m.

Women's Breakfast, Ky Dam Village, 8 a.m.

MC Varsity Baseball v. Mt. Zion, MCHS, 2 p.m.

Stuffed Animal Sleepover, Calvert

City Library, 10 a.m. Beginner Belly Dance, A Centered Space, 10:30 a.m.

Ethan Torsak/Cornhole Tournament, The Ridge Campground, 11 p.m.

Poca Terra Winery Release Party, Poca Terra Winery, 1 p.m.

MC Freshman Baseball v. Ballard, MCHS, 5:30 p.m.

April 15

MC Varsity Softball v. CFS, MCHS, 5:30 p.m.

The Real Deal, Calvert City Library, 6:30 p.m.

MC JV Softball v. CFS, MCHS, 7 p.m.

April 16

Story Hour, Calvert City Library, 10 a.m.

April 17

MCPL Board of Trustees, Benton Library, 11:30 a.m.

Teen ASP, Benton Library, 3:30 p.m.

April 18

Breakfast and Bingo, Calvert City Library, 9 a.m.

Story Hour, Hardin Library, 10 a.m.

MC Girls Varsity Tennis v. Graves Co. MCHS, 4 p.m.

Livestock Club, Benton Library, 5:30 p.m.

MC Varsity Baseball, MCHS, 5:30 p.m.

FRH-D Hog Bike Night, The Beer Garden, 6 p.m.



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EVENTS

MC JV Baseball v. Calloway Co. MCHS, 7:30 p.m.

Murray/Calloway April 12

Creative Chaos— BB's Auto, Splat Art Play Studio, 9:30 a.m.

Be the Light Awareness Walk, Journey Bags, 7 p.m.

April 12-14

MSU Women's Softball v. Drake, Racer Field

April 13-14

Craft Show, The Ribbon Shed

April 13

Pet Pedicures, Carmen AHT Pavilion, 9 a.m.

April 13

Saturday Storytime, Bolin Books, 11 a.m.

Painted Paper Collage, Murray Art Guild, 2 p.m.

Prom Portraits in the Park, Murray-Calloway Central Park, 3 p.m.

Murder Mystery Dinner, Murray Woman's Club, 5 p.m.

Leona Williams, Tennessee River Jamboree, 6 p.m.

Woodmen Life Legends Community Dance, 6 p.m.

Do the Right Thing: Cinema International, Faculty Hall Room 208, 7:30 p.m.

Clint Draper Trio Live, Tap 216, 8:30 p.m.

April 14

EQ Blu Spring Showcase, Performing Arts Hall, 7:30 p.m.

April 15-19

Philanthropy Week 2024

April 15

Yoga + Nidra, The Barre: Murray, 6:45 p.m.

Percussion Ensemble Concert, Performing Arts Hall, 7:30 p.m.

April 16

Gentle Yoga, The Barre: Murray, 9:15 a.m.

Coffee & Conversation Book Club, CCPL, 10 a.m.

Brown Bag Book Club, CCPL, 12 p.m.

MSU Men's Baseball v. SEMO, Johnny Reagan Field, 5 p.m.

April 17

Farmer's Market Prep Workshop, Calloway Co. Extension Office, 10 a.m.

All Campus Sing, Steps of Lovett Auditorium, 3:30 p.m.

Improv with Kevin Reome, Playhouse in the Park, 7:30 p.m.

April 18

Murray State Horticulture Spring Plant Sale, Murray State Arboretum, 2 p.m.

Art Journaling— Monthly, Murray Art Guild, 6 p.m.

The Human Elephant: Cinema International, Faculty Hall Room 208, 7:30 p.m.

Karaoke Night, Tap 216, 9 p.m.

TRIGG COUNTY

The Cadiz Police Department advised that their West Cadiz Park Boat ramp was temporarily closed while crews recovered a submerged vehicle. The vehicle accidentally was submerged when two anglers were attempting to launch their boat recently. The department has made a PSA announcement that the ramp is back open to the public.

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FOOD PANTRIES

- | | | | | | |
|---|---|--|---|---|--|
| <p>Ballard
• Ballard County Community Food Pantry located at St. Mary's Catholic Church, 662 Broadway, LaCenter. Call 270-665-5551 M-W-F 9 - 12 noon.</p> <p>• Food bank at New Liberty United Methodist Church is open every third Wednesday from 5 to 6 p.m. The church is located at the intersection of New Liberty Church Road and Ogden Landing road Turn off of Hwy 60 by the bank in Kevill. Call 270-462-3946</p> | <p>• The Food Pantry at Lovelaceville United Methodist Church is open 1st & 3rd on Wednesdays at 4 - 4:30 serving all of western KY 270-488-2135. or 270-488-3349.</p> <p>• Ohio Valley Baptist Church Food Pantry
1424 hwy.60 west Ledbetter, Ky. Hours are by appt. On Thursday at 9 am. Saturday at 12 noon. Please call for an appt. at 270 898-3345. If you have an Emergency need contact</p> | <p>270 205-7892. We also have a clothing shop if you specify to shop when receiving food.</p> <p>Carlisle
• Milburn Methodist Church
Every Wednesday 4 to 5 pm. Hwy 80, Milburn, KY</p> <p>• Bardwell Baptist Church, 323 HWY 51 N, Bardwell, KY, United States, Kentucky - M-W 8-4 p.m and Thurs. 8-12. For Carlisle Co. Residents.</p> <p>McCracken
• Family Services</p> | <p>Society, Inc.
827 Joe Clifton Dr. Paducah 270-443-4838</p> <p>• Paducah Cooperative Ministry
402 Legion Dr. Paducah 270-442-6795</p> <p>• St. Vincent de Paul Helpline
2025 Cairo Road, Paducah Open Tuesdays, Wednesdays, and Thursdays, 10:00 a.m. to 1:00 p.m.</p> <p>Graves
• Graves County Need Line</p> | <p>424 S. 9th St. Mayfield, KY 270-247-6333</p> <p>Marshall
• Marshall County Bags of Hope
3265 Mayfield Hwy Benton, KY 270-252-0266</p> <p>• Marshall County Caring Needline
307 Main Street Benton, KY 270-527-0024</p> <p>• Marshall County Helping Hands
opened Tues. 4-6 pm 845 US 641 S Benton, KY 42025 270-527-3990</p> | <p>Livingston
• Livingston County Helping Hands
509 Mills St. Smithland, KY 270-928-3383</p> <p>Calloway:
Russell Chapel United Methodist Church, 229 Rowlett Trail, Murray KY has a community food pantry every 3rd Tuesday of the month from 2-4 pm. Also a clothing "closet" with a wide variety of clothing that is available to the public on that day. Phone number is 270-970-8412.</p> |
|---|---|--|---|---|--|

REMEMBER! MEDICARE PLANS CHANGE EACH YEAR!



Preventing Medicare Fraud

Important Medicare Dates

SEPTEMBER & OCTOBER - REVIEW & COMPARE

Review: Your plan may change. Review any notices from your plan about changes for next year.

Compare: Use Medicare's Plan Finder to find a plan that meets your needs. Visit the Medicare Plan Finder at Medicare.gov/plan-compare

OCTOBER 15 - OPEN ENROLLMENT

This is the one time of year when ALL people with Medicare can make changes to their health and prescription drug plans for the next year.

Decide October 15th is the first day you can change your Medicare coverage for the next year.

DECEMBER 7 - OPEN ENROLLMENT ENDS

In most cases, December 7th is the last day you can change your Medicare coverage for next year. The plan has to get your enrollment request (application by December 7th.

JANUARY 1 - COVERAGE BEGINS

Your new coverage begins January 1st if you switch to a new plan. If you stay with the same plan, any changes to coverage, benefits or costs for the new year will begin January 1st.

MAKING CHANGES TO YOUR COVERAGE AFTER JANUARY 1

Between January 1st - March 31st, if you're in a Medicare Advantage Plan (like HMO or PPO), you can leave your plan and switch to another Medicare Advantage Plan with or without prescription drug coverage or Original Medicare. If you switch to Original Medicare, you'll have the option to also join a Medicare Prescription Drug Plan. your coverage will begin the first day of the month after the plan gets your enrollment form. In certain cases, you may be able to make other changes if you qualify for a special Enrollment Period.

SMP Paducah McCracken County Senior Center

SMP Coordinator - Alana Miller and Kathie Hunt
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Women's sober living home opens in Carlisle County

By Denise Cooper
The Scene Writer

On April 1, Carlisle County became home to a newly opened sober living house for women called House of Hope. The home is an extension of the Intertwined Ministry of Bardwell which is pastored by Randy and Alicia McDaniel. Sober living homes provide safe and sober housing for individuals that are in need of support. The ministry works with individuals as well as local community organizations to offer a transitional living solution that works.

The community has been very supportive in launching the House

of Hope and Bardwell Baptist Church and Oscar Baptist have blessed the effort immensely according to Alicia McDaniel. Men from Oscar Baptist Church of Ballard County, constructed 6 beds for the men's sober living house - to be called The Shepherd's House - and is expected to open before May 1. Regarding the women's home, Alicia said that some of "the people who worked on these homes have been through recovery and it's been such a blessing to see how they have all been blessed in working and doing things to make this house beautiful for the women - for them to feel safe and secure." She said that Oscar

Baptist women brought donations and prayed

over both houses. These sober living



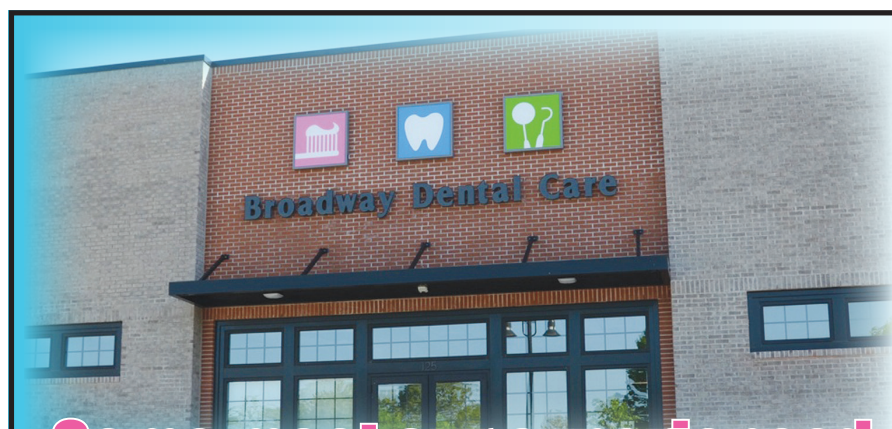
Oscar Baptist Women brought donations and prayed over both houses! What a blessing!!

Submitted photo

environments help people in recovery from addictions to have a start fresh. "When folks get out of recovery and go back to the same people, places and things, they're going to get right back into addiction. So at the sober living homes they can come and work and stay in a safe place. . ."

Participants will receive support from various entities that help set up success for their new sober life including: the Goodwill RISE program; Substance Use Disorder (SUD) assessment; therapy; and connection with KY Care health professionals. Anyone struggling

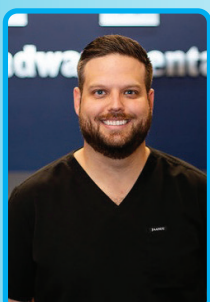
with addiction, domestic violence or homelessness can find structure that can lead to stability and a fulfilling life through the Intertwined Ministry. Life at the sober homes establishes healthy routines and schedules including participation in Celebrate Recovery, daily household responsibilities, Bible study; and starting work within a week or two of admission to the house. If you or someone you care about is ready for this next step of living successfully in recovery contact Randy or Alicia McDaniel at (270) 217 - 1091. They will answer your questions and can provide you with an application.



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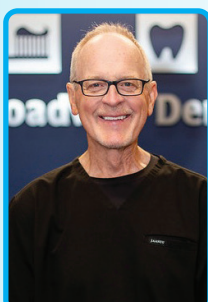
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The Best Years Ahead:

Embracing functional and regenerative medicine for senior women

The journey into senior years introduces women to a series of health changes, often challenging yet manageable with the right approach. Functional and regenerative medicine offer innovative pathways that focus on holistic health, restoration, and prevention, rather than just treating symptoms. These fields provide senior women with strategies to tackle age-related health issues by enhancing the body's natural healing processes and addressing the root causes of diseases.

Pain Relief with Regenerative Medicine: A New Hope

For many senior women, chronic pain from conditions like osteoarthritis and osteoporosis is a daily struggle. Regenerative medicine, including

treatments like stem cell therapy and Platelet-Rich Plasma (PRP) therapy, presents a groundbreaking alternative to traditional pain management and surgical interventions. These therapies work by stimulating the body's own repair mechanisms to heal damaged tissues and reduce inflammation, offering long-term relief without the risks and downtime associated with surgery. Many women struggling with chronic back, knee, shoulder, or other joint pain can find long term relief without surgery or prescription pain medication.

Functional Approaches to Hormonal Balance

Hormonal fluctuations during and after menopause can significantly impact a woman's quality of life.

From fatigue, insomnia, brain fog, dry skin, and mood swings, the symptoms of hormonal imbalance can be overwhelming. Functional medicine shines in this area by providing a comprehensive approach to restore hormonal balance. This involves personalized assessments to understand each woman's unique hormonal needs, followed by the use of bioidentical hormone replacement therapy (BHRT) tailored to mimic the body's natural hormones closely. Alongside BHRT, lifestyle modifications, including nutrition, exercise, and stress management, play a pivotal role in managing menopausal symptoms effectively.

Weight Management Through Holistic Nutrition and Lifestyle

Maintaining a healthy weight becomes increasingly challenging as the metabolism slows with age. Functional medicine addresses weight management holistically, emphasizing the importance of a nutrient-rich diet, regular physical activity, and proper sleep patterns. Personalized nutritional plans that focus on anti-inflammatory foods can help reduce the risk of obesity-related diseases and support overall health. Additionally, lifestyle interventions are designed to enhance metabolic efficiency, promoting sustainable weight management. New FDA approved medications for weight loss are now available and provide an effective solution for many senior women who struggle to

lose weight despite best efforts.

Functional and Regenerative Solutions for Neurological and Autoimmune Conditions

The risk of neurological and autoimmune diseases rises with age, but functional and regenerative medicine offer promising solutions by focusing on the body's ability to heal and maintain balance. Functional medicine strategies for these conditions include dietary adjustments to reduce inflammation and support brain health, lifestyle changes to improve quality of life, and supplements to address nutritional deficiencies. Regenerative medicine therapies, such as stem cell treatments, are explored for their potential to repair

neurological damage and modulate the immune system, offering a new avenue for treatment beyond conventional medications.

For senior women, the later years can be a time of vitality and wellness through the integration of functional and regenerative medicine into their health care plan. By focusing on holistic health practices, personalized treatments, and the body's natural healing capabilities, these innovative fields offer effective strategies for managing the complex health challenges that come with aging. Embracing functional and regenerative medicine can lead to improved quality of life, empowering senior women to enjoy their best years with health and happiness.



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Neurosurgeon
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Daniela Cardenas, PA-C
Men's & Women's
Wellness Expert
Physician Assistant with a passion for regenerative medicine advancements in men's & women's health.



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- MEDICAL WEIGHT LOSS
- HORMONE THERAPY
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- LUNG CONDITIONS
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McConnell, back in Kentucky, talks about life in the Senate after leaving longtime leadership post

By Bruce Schreiner
Associated Press

SHELBYVILLE, Ky. (AP) — For nearly two decades, Mitch McConnell's only job uncertainty hinged on whether he'd serve as Senate majority or minority leader after the next election. With his days as Republican leader now numbered, the Kentuckian is talking more freely about his priorities once he's no longer calling the shots for his party.

During events last week back in the Bluegrass State, McConnell offered fresh details about his decision to step down in November from his role as the longest-serving Senate leader in history, which set off a wave of speculation about the future of his seat. The 82-year-old McConnell still hasn't said for sure whether he might seek another term, leaving others to fill in the gaps, but in a radio interview and a speech, he did grow more expansive about what he hopes to accomplish in the more than two and a half years remaining of his current term.

After months when his public visits back home seemed to taper off amid concerns about his health — though McConnell has meetings and events in Kentucky that aren't publicized



FILE - Senate Minority Leader Mitch McConnell, R-Ky., gives remarks during a presentation at the University of Louisville in Louisville, Ky., Tuesday, April 2, 2024. With his days as Republican leader now numbered, the Kentuckian is talking more freely about his priorities once he's no longer calling the shots for his party. (AP Photo/Timothy D. Easley, File)

to the media — the senator kept the focus on policies he hopes to help move forward in Congress.

"I felt it's time to shift to a new mission," he said during a speech in Shelbyville. "And I'm certainly not leaving the Senate and still have a lot of interest in the issues that are before us."

Topping his to-do list: fighting back against what he sees as his party's increasing shift toward an isolationist foreign policy, McConnell said. He's been on the same mission as GOP Senate leader

but it's a politically difficult stance as conservatives become increasingly opposed to spending on overseas wars amid the fiery, often isolationist populism of former President Donald Trump.

"I have a great passion for trying to help do everything I can to push back against the notion that somehow this is not in America's interest to be the leader of the democratic world," the senator said during his speech. "Things don't work well if we are not in the leadership position."

McConnell has steadfastly supported

a muscular U.S. foreign policy during his Senate career. Nowhere would a hands-off approach pushed by some in his party be more risky than in Ukraine, he said. Backing off support for Ukraine in its war with Russia would embolden Russian President Vladimir Putin's expansionist ambitions and ultimately could trigger a wider conflict, McConnell said.

"If the Russians take Ukraine, some NATO country will be next and then we will be right in the middle of it," McConnell said last week during an interview on WHAS-AM radio in Louisville.

McConnell parried questions about his health and political future. He said he will serve out his seventh Senate term, adding: "I don't know how many times I can say that. But that's exactly what I'm going to do." He offered no hints whether he will run for reelection in 2026, but McConnell had continued raising campaign funds for himself.

Asked in Shelbyville how he's doing, McConnell replied curtly: "I'm great. How are you?"

He had a concussion from a fall last year and two public episodes where his face briefly froze while he was speaking. Aides said McConnell's decision to give up his leadership post was unrelated to his health.

When the topic turned to Kentucky losing clout once he's no longer in leadership, the ever-restrained McConnell replied: "Well I think I'm still going to have a pretty big voice." McConnell's reputation as a prodigious campaign fundraiser for his party also will keep him influential in Republican politics.

Throughout his career, McConnell has been a prolific appropriator for the Bluegrass State, a role he's well positioned to continue as a

senior member of the Senate Appropriations Committee.

"I think in a state like ours, what we can get out of the federal government we need to get," McConnell told reporters in Shelbyville.

McConnell also sits on the Senate Agriculture Committee and again will have a big hand in crafting the next federal farm bill — crucial to Kentucky's diversified farm sector.

The speech included zingers aimed at Democratic President Joe Biden, whose policies he blamed for fueling inflation and overreaching through regulations.

As usual, the senator made no direct mention of Trump. The two have been estranged since December 2020, when McConnell refused to abide by Trump's lie that Biden's election as president was the product of fraud. McConnell broke the ice long enough last month to endorse Trump, the presumptive Republican presidential nominee in the November election.

McConnell talked expansively in his speech about the dangers of isolationism, suggesting that more is at stake for U.S. interests than at anytime since the fall of the Berlin Wall.

"You can say 'well, I'll just keep my head down and maybe everything will be OK,'" the senator said. "Or you can stand up to it. It may not be fashionable now, but I'm a Ronald Reagan Republican — peace through strength."

He punched back against resistance to sending more aid to Ukraine. It helps employ American workers to replenish U.S. military stocks, McConnell said, and halting the aid would send a dangerous signal to other U.S. adversaries.

"This war is not taking a single American life," he said. "We're not involved directly in the war. We're trying to help these brave people stand up for their own independence."

In another public appearance last week, McConnell introduced U.S. Sen. Katie Britt when the Alabama Republican spoke at the University of Louisville — McConnell's alma mater.

McConnell has become more reflective on his long Senate career when speaking to Kentucky audiences. And he's poked fun at his own elder statesman status.

"I often tell people my real break in politics was my internship with Henry Clay," he said, referring to the 19th century Kentuckian.

Signs kids may have allergies

Welcoming a child into the world is an exciting time for parents. However, new parents often lament that there is no guidebook to caring for and raising children. This becomes even more apparent when parents must confront illnesses that affect their children. It can be disconcerting when a child is affected by illness and parents feel helpless. Such feelings may arise when children's allergies first present.

Just like adults, children can be sensitive to allergens in their foods or their environments. Cedars-Sinai says allergies affect the immune system. Allergic reactions occur when the immune system reacts to something generally harmless and thinks it is a danger. So the body then attacks the allergen with antibodies, causing a number of reactions in the body.

The U.S. Centers for Disease Control and Prevention says nearly one in five children has a seasonal allergy, more than 10 percent have eczema, and nearly 6 percent have a food allergy. Food Allergy Canada says almost 600,000 Canadian children under age 18 have food allergies.

Children may experience allergies differently than adults. The American College of Allergy, Asthma and Immunology says some of the more common allergy symptoms in children include:

- Skin rashes or hives (atopic dermatitis or eczema)
- Difficulty breathing
- Sneezing, coughing, a runny nose or itchy eyes
- Stomach upset
- Chronic nasal congestion
- Ear infections, since allergies can lead to inflammation in the ear and may cause fluid accumulation
- Itching in ears or the roof of the mouth
- Red, itchy, watery eyes
- A severe, life-threatening allergic reaction known as anaphylaxis

Allergies can be caused by a number of things. The most common triggers are tree, grass and weed pollens, according to Cedars-Sinai. Mold, dust mites, animal dander, bee stings, pests like roaches and mice, and foods also cause allergies. Children also may be allergic to medicines, which can be scary, since parents may not have any prior warning of an allergic reaction to a new medication.

Allergies can affect anyone, and parents who suffer from their own allergies may have children who also have allergies. Doctors are not sure why allergies tend to run in families. Also, allergic symptoms can happen slowly over time. Parents who suspect their children may have allergies should discuss their concerns with a doctor for an accurate and complete diagnosis. Allergists typically use skin testing to confirm allergies. Liquid-form extracts of allergens are placed on the top layer of the skin through a pricking device, says Childrens Hospital. The skin will turn red where the test was applied if an allergen causes a reaction. Skin testing is usually faster than blood tests.

Treatment for allergies tends to involve avoiding common triggers. Immunotherapy and certain medications also may be advised. Always consult with the child's pediatrician before administering any over-the-counter allergy medications.



"His life was honored in a perfect way. They thought of everything. I'm so thankful we could afford what we wanted."



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